12 – 14 August 2015
QT Hotel, Gold Coast

16TH INTERNATIONAL MENTAL HEALTH CONFERENCE

MENTAL HEALTH FUTURE FOR ALL

Australian & New Zealand
Mental Health Association

THE 16TH INTERNATIONAL MENTAL HEALTH CONFERENCE

PROGRAM

Wednesday 12 August 2015

1:00pm 1:30pm	**Registration**			
	Workshop 1 Room: Point Break	**Workshop 2** Room: Diamond Head	**Workshop 3** Room: Longbeach	**Workshop 4** Room: Sunset, Level 1
1:30pm 3:00pm	**Building Resilience in Children and Adolescents** Ms Chris Daicos, Lecturer/ Consultant, University of Melbourne	**Psychological Injuries: Are We Only Seeing The Tip Of The Iceberg?** Mr Travis Holland, Managing Director, Holland Thomas & Associates	**A Stress Management Toolkit** Dr John Hinwood & Dr Judy Hinwood, Principals', Stress Management Institute	**The iDapt Program - Skills For Life** Mrs Coralie Crews, Psychologist/Art Therapist, Director State of Heart Transformational Resources
3:00pm 3:30pm	**Afternoon Tea**			
	Workshop 5 Room: Point Break	**Workshop 6** Room: Diamond Head	**Workshop 7** Room: Longbeach	**Discussion Group 8** Room: Sunset, Level 1
3:30pm 5:00pm	**An Introduction to Story Image Therapy & Tools (SITT): How to use Stories and Images to help young people to flourish!** Mrs Toula Gordillo, Clinical Psychologist, & Mr Jules Gordillo, Talk to Teens	**Why Can't They Just Grow Up and Get on With the Job** Ms Robyn Bartlett, Psychologist, Robyn Bartlett & Associates	**Assessing and Treating Posttraumatic Stress Disorder in Survivors of Sexual Assault according to DSM-V** Ms Jacqueline Burke, Clinical Director, Rape & Domestic Violence Australia	**Improving Performance Through Innovations** Dr Senthil Muthuswamy, Director Mental Health, Western Sydney Local Health District Mr Swadesh Singh, Program Manager - Information Development Program, Western Sydney Local Health District

Thursday 13 August 2015

8:00am 9:00am	**Registration with arrival tea and coffee**
Room: QT Ballroom	
9:00am 9:10am	**Welcome: Mr Peter Sugg,** CEO, Australian and New Zealand Mental Health Association **Opening Address: Professor Philip Morris,** President, Australian and New Zealand Mental Health Association
9:30am 10:00am	**Why hasn't the mental health of Australians improved? The need for a national prevention strategy** **Professor Tony Jorm** Professorial Fellow, Centre for Mental Health, Melbourne School of Population and Global Health, University of Melbourne
10:00am 10:30am	**Connecting Culture and Care** **Dr Monique Faleafa** Chief Executive Officer, Le Va, New Zealand
10:30am 11:00am	**Morning Tea**
Chair: Mr Hugh Norriss	
11:00am 11:30am	**Education from Desperation - Learning from lived experience** **Mr Allan Sparkes CV, VA** beyondblue Ambassador. Suicide Prevention Advocate
11:30am 12:00pm	**Post-Traumatic Stress Disorder Treatment Methods** **Mr Michael Burge OAM** Director, Australian College of Trauma Treatment
12:00pm 12:30pm	**Psychological Interventions and Treatments: Future Directions** **Associate Professor Vijaya Manicavasagar** Director of Psychological Services and Director of the Psychology Clinic, Black Dog Institute, University of New South Wales
12:30pm 1:30pm	**Networking Lunch**
1:00pm 1:30pm	**Poster Sessions** – *See Poster Presentation for more details.*

	Workplace health and wellbeing Room: Point Break Session Chair: Ms Lara James	**Consumer and carer participation and opportunities** Room: Diamond Head Session Chair: Mr Joe Miller	**LGBTI mental health promotion and resilience** Room: Longbeach Session Chair: Prof Anne Williams	**Recovery oriented practice** Room: Sunset 1, Level 1 Session Chair: Mrs Jennifer Norris	**Targeted services for vulnerable groups** Room: Sunset 2, Level 1 Session Chair: Mr Paul Warner
1:30pm 2:00pm	**Looking through a different prism: An Employer's Liability for mental health of employees** Ms Sue Barnes, Partner, FCB Workplace Law	**Physical Health in Mental Health: Consumer and Carer Perspectives** Dr Sarah Young, Psychologist and Research Officer, Metro North Mental Health	**Research: The Mental Health Needs of Children with Gender Differences** Dr Elizabeth Riley, Counsellor/ Supervisor/ Academic, University of Sydney	**Implementing the National Framework for Recovery 2013: Developing Self-Management Skills through the use of Sensory Approaches** Ms Carolyn Fitzgibbon, Occupational Therapist, DBT Brisbane & Ms Julie O'Sullivan, Occupational Therapist, Metro North Mental Health, RBWH	**Adolescent Mental Health and Homelessness** Ms Jasminka Vuckovic-Kosanovic, State Coordinator Youth Services Vic, St John of God Outreach Services
2:02pm 2:32pm	**Addressing psychological distress in the Remote Health Workforce: A multi tied approach** Ms Therese Forbes, Psychologist Bush Support Services, CRANAplus Bush Support Services	**Embedding peer support: An organisational learning model** Mr Luke Butcher, Area Manager, Upper Hunter and Western, Mission Australia	**Preparing Mental Health Practitioners for the Increasing Numbers of People Coming Out as Transgender** Mr Paul Martin, Senior Consultant | Psychologist, Assure Programs	**Supporting consumer self-management through staff education: The sensory approaches eLearning project** Dr Pamela Meredith, Senior Lecturer, The University of Queensland & Ms Michelle Taylor, Dual Diagnosis Co-ordinator | Senior Occupational Therapist, Metro North Hospital and Health Service	**Posttraumatic Stress Disorder and Beliefs about Causes and Risks: A Survey of Resettled Iraqi Refugees** Dr Shameran Slewa-Younan, Senior Lecturer in Mental Health, School of Medicine, University of Western Sydney
2:34pm 3:04pm	**Precarious work arrangements and occupational health: The role of workplace fairness** Ms Katrina Leonard, Faculty of Health Sciences, University of Sydney	**Enhancing Consumer and Carer Participation in an Acute Care Setting** Mrs Zoe Gill, Consumer and Carer Consultant, Gold Coast Health	**Evaluating the applicability of mood disorder e-therapy programs for use by lesbians and gay men: A review of 24 e-therapy programs** Dr Anthony Lyons, Senior Research Fellow, La Trobe University	**Shock! What does my chart say?** Mrs Bronwyn Hall, Program Leader NewAccess, beyondblue	**Reaching out to vulnerable CALD Communities** Ms Tea Dietterich, CEO, 2M Language Services
3:05pm 3:30pm	**Afternoon Tea**				

	Workplace health and wellbeing Room: Point Break Session Chair: Ms Sue Barnes	**Consumer and carer participation and opportunities** Room: Diamond Head Session Chair: Ms Susan Hunt	**Open Topic** Room: Longbeach Session Chair: Mr Aaron Garth	**Recovery oriented practice** Room: Sunset 1, Level 1 Session Chair: Ms Cecilia Blackwell	**Targeted services for vulnerable groups** Room: Sunset 2, Level 1 Session Chair: Ms Caroline Radowski
3:30pm 4:00pm	**A well workforce, the ripple effect of global change**	**Recovery and mental illness: What's in it for families?**	**Group Schema Therapy in a Forensic Setting**	**Understanding complex trauma and the role of identity in recovery - are traditional interventions harmful?**	**Understanding FASD in Mental Health Practice**
	Ms Alexandra Allen, CEO & Founder, Workplaces of Wellbeing Pty Ltd	Prof Robert Bland, Professor of Social Work, Australian Catholic University	Ms Ahu Kocak, Senior Manager and Forensic Psychologist, ACT Corrective Services & Ms Amy Rugendyke, Psychologist ACT Corrective Services	Mrs Joanna Bell, Program Manager - Clinical Services, Communicare	Dr Kerryn Bagley, Social Worker, FASD Consultant, Kerryn Bagley Consulting
4:02pm 4:32pm	**Mental Health Starts At The Top**	**Connecting Mothers and Daughters**	**Crisis averted: How consumers and carers have experienced a mental health crisis response from a Police and Clinical Early Response (PACER) unit**	**Clinical effectiveness and recovery environment of a step-up step-down sub-acute residential mental health service**	**A Cultural Perspective on Therapeutic Horticulture in addressing Community Engagement and Mood Disorders**
	Ms Lara James, CEO Mentor, Real Is Best	Mrs Jan Tosswill, Clinical Case Coordinator/Clinical Psychologist, Miss Tracy Reid & Ms Vicki Atkinson, Waitemata District Health Board	Ms Eloisa Evangelista, Integration Coordinator & Mrs Jo James, Program Manager, Bayside Medicare Local	Ms Kerry Thomas, Research Assistant, University of Canberra	Mrs Vanessa von Berg, PHaMs Worker & Mrs Michelle Murray, CALD & Indigenous PHaMs Worker, Mental Illness Fellowship
4:34pm 5:04pm	**Healthy Men at Work, Healthy Men for Life**	**Developing and supporting new advocates with lived experience of severe mental illness**	**Innovation in Recovery from Natural Disaster: Bush Fire in the NSW Blue Mountains**	**Using the power of recreation to create a therapeutic milieu that works for mental health consumers**	**Forced adoption and the ripple effect**
	Mr Tony Holland, Chief Executive Officer, OzHelp Foundation	Mr David Meldrum, Executive Director, Mental Illness Fellowship of Australia	Mrs Johanna Dennis, Senior Manger Mental Health, Nepean Blue Mountains Medicare Local	Dr Shane Pegg, Senior Lecturer, The University of Queensland	Mr Harry Lovelock, Senior Executive Manager, Australian Psychological Society & Professor the Honourable Nahum Mushin, Adjunct Professor of Law, Monash Uni
5:05pm 6:30pm	**Welcome Reception**				

Friday 14 August 2015

8:30am 9:00am	**Registration with arrival tea and coffee**				
	Stories from the front line and lived experience Room: Point Break Chair: Mr David Meldrum	**Early intervention and treatment advances** Room: Diamond Head Chair: Miss Bethany Jones	**Open topic** Room: Longbeach Session Chair: Prof Kuruvilla George	**e-Health, technology and social media** Room: Sunset 1, Level 1 Session Chair: Mr Chris Jones	**Child, youth and family mental health services** Room: Sunset 2, Level 1 Chair: Ms Ellen Newman
9:00am 9:30am	**Growing the Herd by 'Being Herd'** Miss Stephanie Vasiliou, Program Manager, Batyr Australia Limited	**Mindful Aotearoa. Development of a nationwide Mindfulness programme to increase mental wellbeing and decrease mental distress** Mr Hugh Norriss, Director of Policy and Development, Mental Health Foundation of New Zealand	**Accreditation: The Impact of the National Standards and the National Mental Health Standards Opportunities and Challenges for Leaders and Managers** Mrs Sandy Thomson, Partner, GovernancePlus	**Using Technology to Help Close the Gap in Mental Health Care** Dr Jan Orman, General Practice Services Consultant, Black Dog Institute	**Building resilience in 30 schools: a local government approach** Ms Katie Scott, School Focused Youth Service Coordinator & Ms Kate Arnott, Youth Development Worker – Groups, Knox City Council
9:32am 10:02am	**We All Need Hope: Working with consumers with severe and persistent mental illness with complex needs** Ms Karen Wells, Consumer Coordinator, Inner West Sydney Partners in Recovery & Mrs Angelica Molina, Support Facilitator, IWSPIR	**'The Get Happier Project'- Teaching the Skills and Mindsets for Mental Health and Happiness.....and Making it Fun!** Mr Ivan Honey, Psychologist, Ivan Honey and Associates	**When Clients are Claimants: An introduction to life insurance and mental illness claims for mental health professionals** Ms Jennifer Stapleton, Psychologist / Rehabilitation Consultant, MLC		**Building the capacity of early childhood educators to engage in mental health promotion, prevention and early intervention** Dr Gavin Hazel, Program Manager, Hunter Institute of Mental Health
10:04am 10:34am	**Developmental Trauma, The Experience of Complex PTSD and fresh options** Mr Rick Thomson, Mental Health Youth Worker, Hypar	**Mindfulness in Schools: A transdiagnostic prevention programme** Ms Catherine Johnson, PhD Candidate, Flinders University	**Lifecycle of Service Innovation in Public Mental Health - Innovation: Sustainability: Better Health Outcomes** Dr Melissa Casey, Director of Psychology, Monash Health	**e-Mental Health in Practice: Enhancing Uptake of E-Mental Health in the Australian Health Care Sector** Dr Tania McMahon, Senior Research Officer, Queensland University of Technology	**Platforms: An Innovative Approach to Gamifying Mental Health For Young People** Mr Robert Dovey, Director and Counsellor, Platforms and Gamification Australia

10:35am 11:00am	**Morning Tea**				
	Suicide prevention and support Room: Point Break Session Chair: Ms Lisa Spong	**Early intervention and treatment advances** Room: Diamond Head Chair: Dr Tegan Cruwys	**Open topic** Room: Longbeach Session Chair: Prof Kuruvilla George	**e-Health, technology and social media** Room: Sunset 1, Level 1 Chair: Mrs Yvette Nicholls	**Child, youth and family mental health services** Room: Sunset 2, Level 1 Session Chair: Dr Gavin Hazel
11:00am 11:30am	**Conversations Matter when supporting communities to talk about suicide**	**KidsMatter and MindMatters whole-school mental health promotion, prevention and early intervention: Connecting schools with frontline services**	**Living with Intimate Partner Abuse and its link to Postnatal Depression**	**Incorporating an Electronic Psychosocial Assessment into Youth Mental Health Care to Improve Disclosure and Engagement**	**Bridging the gap: Educating family members from African migrant communities about seeking help for depression, anxiety and substance in young people**
	Ms Tegan Cotterill, Projects Coordinator, Hunter Institute of Mental Health	Ms Lana Jankowiak, Project Officer, Queensland, Principals Australia Institute	Dr Kathleen Baird, Senior Midwifery Lecturer, Griffith University	Ms Sally Bradford, Psychologist & PhD Candidate, University of Canberra	Prof Terence McCann, Professor of Mental Health Nursing, Victoria University
11:32am 12:02pm	**GEO ARMS (At Risk Management Systems) as a preventative Intervention for suicide and self-harm in a Privatised Remand Centre**	**Promoting mental health in vulnerable infants**	**A Model Worth Sharing: A Community Mental Health Clinic with an award winning integrated Physical Health Program**	**Serious games for the treatment or prevention of depression: A systematic review**	**Mums and Kids Matter - a pilot program for mothers with severe mental illness and their young children**
	Dr Raksha Lutchman, Senior Psychologist, GEO GROUP Parklea Correctional Centre	Dr Stacy Blythe, Lecturer, University of Western Sydney	Mrs Elizabeth Wallace, Clinical Nurse Coordinator, Clozapine and Physical Health, Melbourne Health	Dr Sarah Hetrick, Senior Research Fellow, Orygen, The National Centre of Excellence in Youth Mental Health	Ms Bianca Dos Santos, Psychologist, Wesley Mission
12:04pm 12:34pm	**The prevalence of suicide in emergency service workers: A scoping review**	**Antipsychotic medication use in Pregnancy**	**University Students and Mental Health: increasing the possibility of full access for all**	**Client Management Software for Enhanced Drug and Alcohol Service Delivery and Outcomes Measurement**	**Fathers and Daughters: Their Relationship and its Impact on Body Image and Mental Health**
	Ms Janet Curtis, Lecturer, Monash University	Dr Adele Storch MBBS, Voluntary Researcher, Monash Alfred Psychiatry Research Centre	Mr Alex Couley, Director, International Centre for Leadership Coaching	Ms Lara McLaughlin, Quality Systems Coordinator, Lyndon Community	Dr John Toussaint, CEO, ProCare Alliance
12:35pm 1:30pm	**Networking Lunch**				

1:00pm 1.30pm	**Poster Sessions** – *See Poster Presentation for more details.*				
	Panel Presentation Room: Point Break	**Early intervention and treatment advances** Room: Diamond Head Session Chair: Mr Ivan Honey	**Open topic** Room: Longbeach Session Chair: Prof Kuruvilla George	**e-Health, technology and social media** Room: Sunset 1, Level 1 Chair: Dr Sarah Hetrick	**Child, youth and family mental health services** Room: Sunset 2, Level 1 Chair: Dr John Toussaint
1:30pm 2:00pm	**headspace: Implementing and evaluating early intervention in youth mental health** **Chair:** Prof Debra Rickwood, Chief Scientific Advisor, headspace **Panel:** Dr Kelly Mazzer, Research Officer, headspace Ms Vanessa Kennedy, Evaluation Officer, headspace Ms Amanda Reeves, Evaluation Officer (Establishment), headspace Dr Angela Nicholas, Senior Evaluation Officer, headspace	**'Garden Them Blues Away' Project** Mr Joe Miller on behalf of Dr Alan Avery, Honorary Adjunct Fellow, School of Education, University of Western Sydney	**The Prevalence of Dementia and Mental Illness in older Adults with an Intellectual Disability: Results of the Sage-ID Study** Dr Adrian Davis, Research Assistant, Department of Developmental Disability and Neuropsychiatry (3DN)	**Implementing e-mental health services for depression and anxiety within the Australian mental health system** Miss Janni Leung, Research Academic, The University of Queensland & Dr Carla Meurk, Postdoc Research Fellow, The University of Queensland	**Parental Mental Health and Internet Addiction in adolescents** Prof Lawrence Lam, Professor in Health Studies, The Hong Kong Institute of Education
2:02pm 2:32pm		**Social identification and depression recovery: The curative benefits of group membership** Dr Tegan Cruwys, Lecturer & Clinical Psychologist, University of Queensland	**The effectiveness of the St John of God - Richmond Hospital residential PTSD program** Dr David Berle, Senior Research Fellow, UNSW Australia & St John of God Healthcare - Richmond Hospital	**Using technology to save lives** Ms Anne Kingston, Manager – Clinical Services, On the Line	**The Child Illness Resilience Program: Promoting the wellbeing and resilience of families living with childhood chronic illness** Ms Ellen Newman, Projects Coordinator, Hunter Institute of Mental Health
2:34pm 3:04pm		**A novel approach to boosting the resilience of Australian men** Dr Kylie King, Research Fellow, The University of Melbourne	**Self Love, The Key To Mental Health. A Positive Mental Health Future For All•** Mr Grant McGregor, Author, My Identity My Life	**From Sitting in the Red Dirt to the Use of Technology: Increasing Health Literacy in Behaviours Associated with Dementia in Remote Aboriginal Communities** Mrs Yvette Nicholls, Program Manager, Northern Territory Dementia Behaviour Management Advisory Service	

3:05pm 3:30pm	**Afternoon Tea**

Room: QT Ballroom
Chair: Mr Hugh Norriss

	Suicidal behaviour and its prevention
3:30pm 4:00pm	**Professor Jane Pirkis** Director, Centre for Mental Health, Melbourne School of Population and Global Health, University of Melbourne
	Global burden of disease study 2013: An overview of findings, methods, and limitations of data to estimate the burden of mental and substance use disorders
4:00pm 4:45pm	**Professor Harvey Whiteford** Professor of Psychiatry and Population Mental Health, University of Queensland **Dr Alize Ferrari** Research Fellow, School of Public Health, University of Queensland
4:45pm 5:00pm	**Conference Close** **WIN an Apple iPad Mini –** Collect your raffle ticket at the door to go in the draw. Must be in the room to win.

Poster Presentations – Proudly Sponsored by The Neuropsychotherapist Institute

Poster presentations will be on display for the duration of the conference in the Sunset Lounge. During the dedicated lunch time poster session, presenters will be at their poster to discuss their work and answer any questions.

THE NEUROPSYCHOTHERAPY INSTITUTE
ONLINE EDUCATION FOR THE SCIENCE OF MENTAL WELLBEING

A clinical study on suicidal behaviour in people with under-treated schizophrenia
Dr Taiju Yamaguchi MD, PhD, Department of Neuropsychiatry, Toho University School of Medicine, Japan

A systematic review and meta-analysis of interventions for trichotillomania
Ms Reneta Slikboer, PhD Student, Swinburne University

Anger Processing and Age-Related Cognitive Decline: Does the Anger Superiority Effect Change with Age?
Mr Lee Hughes, Student, Bond University

Anxiety symptoms in healthy women are negatively correlated with cardiovascular risk
Miss Suranutha Sritharan, Honours Student, The University of Melbourne

Are lawyers functionally unique? Results from anonymous electronic surveys indicate lawyers have a correlation between two psychological structures the population does not.
Dr Paul Phillips, Director, Lead Training

Being mindful to prevent mental illness: using mindfulness techniques to decrease distress, improve social connectedness and self-efficacy
Dr Paul Phillips, Director, Lead Training

Care givers for the demented in Japan
Dr Yutaka Sawa, Director, Sawa Hospital, Japan

Combined Mindfulness and CBT training improves coping and general wellbeing in Chronic Disease patients
Ms Anne Silbereisen, Clinical Psychologist, North West Mental Health Shared Care Program

Consumers' perspectives of a problem-solving based telephone peer support program
Dr Gayelene Boardman, Senior Lecturer, Victoria University

Depression and Cardiovascular Risk. Altered Perception May Increase Risk
Mr Paul Warner Lecturer, Charles Sturt University

Depression and driving cessation in older women – the moderation effects of social engagement
Miss Janni Leung, Research Academic, Queensland Centre for Mental Health Research, The University of Queensland

Developing adequate mental health training for youth services professionals and gatekeeper services
Mr Aaron Garth, Youth Studies Coordinator, Tabor College Victoria

Development and Testing of a New Research Instrument to Measure the Mental Wellbeing of Inpatients and Outpatients within the Acute Care Hospital Setting
Prof Anne Williams, Chair, Health Research, Murdoch University

Do lawyers have anosognosia or extreme denial?: Evidence for lack of insight into their mental health in face of obvious data
Dr Paul Phillips, Director, Lead Training

Early intervention for young people with psychiatric problems in Central Tokyo
A/Prof Takahiro Nemoto MD, PhD, Toho University School of Medicine, Japan

Empowering Community Mental Health by Using the CBPR Model: A Phase of Development and Establishment
Dr Shiu-Yun Kimberly Fu, Assistant Professor, Department of Nursing, Fu Jen Catholic University, Taiwan

Enhancing familial mental health through parental education - Circle of Security Program
Dr Fiona Perrett, Clinical Supervisor, University of Canberra

Establishing the Self-Determination Assessment Tool for safe sex for Homosexual males with HIV
Dr Shiu-Yun Kimberly Fu, Assistant Professor, Department of Nursing, Fu Jen Catholic University, Taiwan

Examining User Participation in Mental Health Services of Hong Kong: A Qualitative Analysis Using Multiple Methods
Ms Jessica Tang, PhD Candidate, The University of Hong Kong

“Going for Gold” Creating a Mental Wellness Guide for Self
Ms Kalikamurti Saraswati Suich, Manager, Centred In Choice PTY LTD

How to clarify and reduce anxiety regarding nuclear disasters
Prof Hiromi Kawasaki, Professor, Hiroshima University, Japan

Hunter Institute of Mental Health: Inclusive practice in a project based environment
Ms Tegan Cotterill, Projects Coordinator, Hunter Institute of Mental Health

Indigenous experiences from 'across the ditch' - Māori women's experiences in mental health services in New Zealand
Ms Gemma Tricklebank, Doctorate of Clinical Psychology Candidate, University of Auckland, New Zealand

Measuring Cardiovascular Rick, An Integral Component of Risk Reduction
Mr Paul Warner, Lecturer, Charles Sturt University

Mental Health Literacy of Resettled Afghan Refugees in South Australia: A Mixed Method Investigation of the Community's Beliefs Regarding Trauma Related Mental Health disorders and Treatment Practices
Mrs Anisa Yaser, PhD Student, University of Western Sydney

Out Doors Inc. approach to a mentally healthy workplace
Mrs Jennifer Norris, Program Manager, Out Doors Inc.

Out Doors Inc. Recovery Model
Mrs Ludita Trifa-Schmidt, CEO, Out Doors Inc.

Parallel Pathways: a holistic approach to dual diagnosis treatment
Ms Caroline Radowski, Clinical Services Manager, Youth Projects

Patient profiling and outcome prediction tools to enhance routine psychological care
Mr Chris Jones, PC-MIS Account Manager, Department of Health Sciences, University of York, United Kingdom
Mr Andrew Bradley, Department of Health Sciences, University of York, United Kingdom

Peer support for nurses who have encountered patient suicide in the psychiatric ward
Ms Takako Teraoka, Associate Professor, Kanagawa Institute of Technology, School of Nursing, Japan

Predictors for smoking cessation and reduction among college students in South Korea
Miss Soojeong Kim, Graduate Student, Inha University, South Korea

Providing culturally appropriate Mental Health First Aid for non-health trained community-based workers assisting Iraqi refugees: development of expert consensus guidelines using a Delphi study
Ms Gabriela Uribe Guajardo, PhD Candidate, University of Western Sydney

Reducing restrictive interventions in an acute adult psychiatric unit
Ms Lisa Spong, Project Co-ordinator, Bendigo Health
Ms Alana Robertson, Psychiatric Nurse Consultant, Bendigo Health

Relationship between ten-year-old children's level of emotional control and living conditions
Mr Masahiro Kawasaki, Student, Hiroshima University, Japan

Screening for child and youth mental health, and intervention procedures
Dr John Reddington, Psychology Researcher, Australian Psychological Society

Self-objectification, pornography consumption, mental health and genital satisfaction in a community sample of women
Miss Bethany Jones, Postdoctoral Fellow, National Institute for Mental Health Research

Supporting safe online communication about suicide
Ms Tegan Cotterill, Projects Coordinator, Hunter Institute of Mental Health

The effect of positive group psychotherapy and motivational interviewing on smoking cessation: a qualitative descriptive study
Dr Eun Jin Lee, Assistant Professor, Inha University, South Korea

The use of weighted blankets in adolescents presenting with anger
Dr Nicola Holmes, GP, headspace Coffs Harbour

Trends and causes of increased suicide and bullying of university students in Japan
A/Prof Mika Nishiyama, Associate Professor, Hiroshima Bunkyo Women's University, Japan

Using Innovative Recovery Journal into Practice: Evaluation of Recovery-Oriented Programme for the Persons with Severe Mental Illness (SMI) in Hong Kong
Mr Siu Kei Leung, Advanced Practice Nurse, Kwai Chung Hospital, Hospital Authority, China

Vicarious Trauma: Managing the Inevitable
Ms Jacqueline Burke, Clinical Director, Rape & Domestic Violence Australia

Voicebox - activating the voice of consumers
Ms Samantha Hall, Partners in Recovery Ambassador, Partners in Recovery, Gold Coast Medicare Local

Why bother with lawyers' mental health? How we can move from awareness to actions that help lawyers improve their mental health
Dr Paul Phillips, Director, Lead Training

Working with vulnerable complex patients with possible criminal tendencies before they act: prophylactic is better than incarceration and more responsible
Dr Paul Phillips, Director, Lead Training