EMBRACING THE HOPE AND HEALING **JOURNEY**

Integrating Trauma, Treatment, Prevention, and Recovery in Addiction



Connection / NOT / Convention

Tuesday 13 May – Wednesday 14 May 2025 JW Marriott Gold Coast Resort & Spa, QLD

> anzmh.asn.au/addictionz #ADDZ25

Hosted by

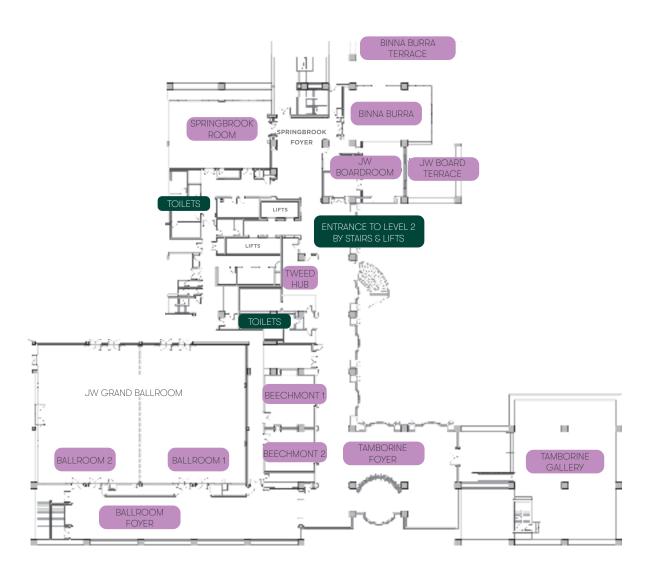
Sponsored by





FLOOR PLAN





PLENARY SESSIONS

JW Marriott Grand Ballroom

CONCURRENT SESSIONS

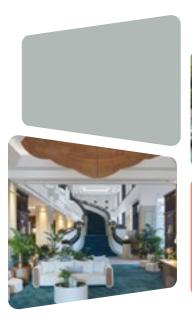
Room 1 – Ballroom 1 Room 2 – Ballroom 2

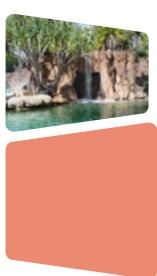
Room 3 - Springbrook Room

Catering: **Tamborine Foyer**Exhibition: **Tamborine Gallery**

Poster Presentations: Tamborine Foyer

Quiet Room: **Beechmont 2** Speakers Prep: **JW Boardroom** Wellness Zone: **Tamborine Foyer** Counselling Room: **Beechmont 1**





WELCOME TO ADDICTIONZ



We are thrilled to extend a warm welcome to you as a registered delegate for AddictionZ 2025 - the premier conference on addiction trends and treatments, formerly known as the Australian and New Zealand Addiction Conference. As we embark on this transformative journey, we are excited to have you join us at the JW Marriott Resort & Spa on the stunning Gold Coast, from 13 - 14th May 2025.

At AddictionZ, our mission is to break the barriers that have constrained our understanding of addiction. This year's conference is about embracing hope through empowering pathways and integrating holistic approaches to prevention, treatment, and recovery. We believe in the power of collaboration, bringing together the AOD, mental health, and behavioural health sectors to foster innovative solutions.



BREAKING THE BARRIERS.

The A to Z of Addiction Trends and Treatments.

Addiction is a multifaceted challenge that extends beyond traditional boundaries. Our conference is more than just drugs, alcohol, and gambling; it's about exploring the A to Z of addiction trends and treatments.

We've crafted a bold and inclusive program that reflects this vision, and we can't wait for you to experience it.

ACKNOWLEDGEMENT

We would like to acknowledge the valuable contribution of all committee members and session chairs for their time and expertise with the conference program.



PROGRAM COMMITTEE



Dr Anastasia Hronis (Conference Chair) - Clinical Psychologist University of Technology Sydney



Tony Clarkson

Principal Clinical Advisor in the Mental Health & Wellbeing Division at the Victorian Department of Health



Carol Daws

Chief Executive Officer, Cyrenian House



Kate Dobson

Lived/Living Experience (LLE) Peer Worker, Department of Addiction Medicine (DoAM) at St Vincent's Hospital Melbourne (SVHM)



Janine Elliott

Naturopath, Gold Coast Detox and Rehab



Grant Gaston

Regional Manager, Central Region (Hamilton through to Wellington) - Problem Gambling Foundation (PGF Services)



Mikel Gellatly

Capability Manager, Lives Lived Well and Principal Trainer at Be Change – Behaviour Change Consultancy



Professor Gary Hulse

Division Of Psychiatry University Of Western Australia



Lt Colonel Lynette Hutson

Assistant Territorial Secretary for Mission, The Salvation Army



Yasmin Lese

Cultural Consultant | Professional Supervisor, Open Door Consultancy Services



Ruth Limkin

Chief Commercial Officer, Sana Health Group



April Long

CEO, SMART Recovery Australia



Professor Peter Miller

Professor of Violence Prevention and Addiction Studies, Director: Deakin University CONNECT Research and Training Initiative



Simon Ruth

CEO, LGBTI community controlled service Thorne Harbour Health



Nicole Samuela

Snr program development and support service coordinator, BSPHN



Simone Shaw

Clinical Director, Forensic Intervention Services, Department of Justice and Community Safety



Helen Smuth

Counsellor/community educator Gambling Help Service. Uniting Care Community



Dr Kriscia Tapia

The Matilda Centre, University Of Sydney.
Project Manager for Strong & Deadly
Futures





Sam Stewart

CEO, Australian & New Zealand Mental Health Association

CONFERENCE CHAIR



On behalf of the organising committee, it is my great pleasure to welcome you to AddictionZ 2025! Whether you are joining us for the first time or returning as a valued delegate, we thank you for being part of these important conversations.

AddictionZ brings together people working across the mental health and addiction sectors, with a renewed vision for our field. Our program this year is built on the recognition that addiction is a complex, multifaceted challenge-one that extends far beyond drugs, alcohol, and gambling. We have crafted an inclusive agenda that places collaboration, innovation, and lived experience at the core.

This year's theme, *Embracing the Hope and Healing Journey*, reflects our commitment to recognising the importance of trauma, prevention, treatment and recovery. You will hear from some of the sector's leading minds, practitioners, and researchers, and engage in honest, brave conversations about the realities and future of addiction care.

At AddictionZ, you will find opportunities to connect, share, and learn from each other, across disciplines, sectors, and lived experiences. We encourage you to make the most of the networking functions and social events designed to foster meaningful connections.

As conference Chair and MC, I invite you to fully immerse yourself in the program, ask the big questions, and explore new ideas. The challenges we face are significant, but so too is the collective expertise at the conference. Together, we can advance our knowledge, and help shape a more hopeful, inclusive future for all.

Thank you for being part of AddictionZ 2025. I look forward to meeting you, learning with you, and sharing in this journey of hope and healing.

Enjoy the conference!

Dr Anastasia Hronis

Clinical Psychologist Chair & MC, AddictionZ 2025

We acknowledge and thank the Yugambeh people as the Traditional Owners of the land on which we hold this Conference

Creating better outcomes for people who use AOD

The Queensland Mental Health Commission drives reform of the mental health, alcohol and other drugs, and suicide prevention systems in Queensland.



Achieving balance: The Queensland Alcohol and Other Drugs Plan 2022–2027 is the Queensland Government's commitment to enhance safety and reduce harm for people who use alcohol and other drugs in Queensland.

Your voices matter!

Stay informed Subscribe to the QMHC eNews





Get involved

Participate in QMHC research and consultation projects

The views of consumers, family, carers, support people and service providers help shape reform.

Go to **qmhc.qld.gov.au** to stay informed and get involved.

Stay connected

Be part of our network, and join our social media channels

- **f** qldmentalhealthcommission
- in queensland-mental-health-commission
- @qld_mhc
- @qld_mhc





GENERAL Information

If there's anything else you need to feel welcome and included, please see the team at the registration desk.

The following information is provided to make your attendance at AddictionZ as pleasant as possible. If you require assistance, please visit the conference team at the registration desk.

Registration and Information Desk

The registration desk will be located on **level two** of the **JW Marriott Gold Coast Resort & Spa**. The hours of operation are as follows:

Tuesday 13 May 7:45am - 5:00pm Wednesday 14 May 8:00am - 5:00pm

Name Badge

Please collect your name badge from the registration desk and wear it each day as it is your official pass to all sessions, exhibition, morning tea, lunch, afternoon tea and the social function. You will not have access to conference rooms without a name badge present.

Wi-Fi

Complimentary Wi-Fi internet is available in all event areas.

Login: MarriottBonvoy Password: Not Required

Mobile Phones

Please ensure all mobile phones are switched to silent while in conference sessions.

Dress Code

The dress code is smart casual.

On-Site Counsellor

During the conference, if you feel the need to speak to someone, please contact:

Day 1: Tracey Pavuna • 0427 862 797 Day 2: Edna Lee • 0413 594 888

We recommend contacting **Tracey** or **Edna** via text message to arrange to meet.

We are here to support you.

Conference Catering

All catering will be served in Tamborine Foyer with seating available in the Tamborine Gallery with the exhibitors and sponsors.

Networking Function

The networking function will be held on Tuesday 13 May from 5:15pm - 7:15pm in Tamborine Gallery. Canapes, beer, wine, and soft drinks will be served.

Speakers' Preparation Room

It will be open as follows to upload and check your presentations:

Tuesday 13 May 7:45m - 4:00pm Wednesday 14 May 7:45am - 4:00pm

Speakers are required to submit and preview presentations prior to their session. If you have not previously emailed or uploaded your presentation, please deliver it as soon as possible to the Speakers Preparation Room where an audio-visual technician will be available to assist you. Presenters may run through their presentations in the Speakers Preparation Room during any of the above times.

Resource Centre

As part of your conference registration, you receive access to the AddictionZ 2025 presentation recordings (excludes workshops). This online library includes presentation slides and video recordings that can be watched on demand for 30 days. Your login details will be sent to you via email approximately five business days after the conference.

Accommodation

Accommodation accounts must be settled with the hotel on checkout. The Committee and/or Conference Secretariat are not responsible in any way for outstanding accommodation accounts.

Quiet Low Sensory Space

In Beechmont 2 we offer a quiet and low sensory space for individuals who may find the conference overstimulating.

Conference Manager: Renee Morley

• T: 0466 975 696 • E: addictionz@anzmh.asn.au

Program Manager: Lise Saunders

• T: 0431 917 300 • E: program@anzmh.asn.au

Head of Partnerships: Talitha Natt

• T: 0451 602 265 • E: partner@anzmh.asn.au



Use #ADDZ25 in your social media posts to showcase your favourite moments of the conference and you'll enter the draw to win an In-person registration to AddictionZ 2026





https://www.facebook.com/ANZMHA



https://www.linkedin.com/company/4844914



https://twitter.com/ANZMHA

camurus

Transforming treatment delivery for people with severe and chronic diseases

Camurus is a Swedish science-led biopharmaceutical company committed to improving the lives of patients with severe and chronic diseases. We empower patients, support caregivers and create value for society by developing and giving access to innovative, long-acting medicines.

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Camurus Pty Ltd, ABN 79 627 784 605. 223 Liverpool Street, Darlinghurst NSW 2010. Ph: 1800 142 038. AU-NPR-2500005. Date of preparation: March 2025



GIVEAWAY

We're giving away a number of prizes at AddictionZ 2025!

Simply use the conference app to scan the QR codes located throughout the conference venue or participate in Q&A and live polls in the keynote sessions.

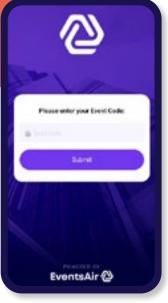
HOW TO WIN

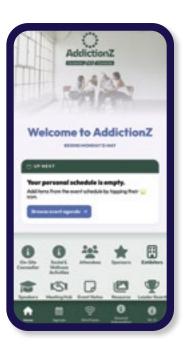
The top 10 delegates on the leaderboard by afternoon tea on Wednesday will have their name entered into the draw where you can win a fabulous prize! Some examples of how points can be earnt include:

Scan the QR codes at or on:

- Conference Check-In
- Exhibitor Trivia
- Visit the Poster Presentations
- · Join us at the Networking Events
- · Mystery Points around the conference venue

Want to Make the Most of Your Conference Experience?





DOWNLOAD THE CONFERENCE APP!

Simply follow these easy steps:

 Visit the App store on your Apple or Android device









- Search 'The Event App by EventsAir' and download
- 3. Open and enter event code ADD25
- 4. Your name badge has your login and pin!

APP FEATURES

Stay up to date and connected during AddictionZ 2025.

PROGRAM

Create your own personal schedule and view the latest program details.

PRESENTERS

Read presenter biographies and presentation overviews.

NETWORK

Connect with fellow delegates and network via in-app messaging.

CONNECT

View who has joined us as an exhibitor and sponsor.

INCENTIVIZED LEARNING

Earn points by learning something new with our exhibitors.

WELLNESS PROGRAM

Yoga at Binna Burra Terrace



Stretch and unwind when you join for a guided Yoga session. If you're a yoga enthusiast or a beginner, everyone attending the conference is welcome to attend. Please arrive 5 minutes before commencement of the class

to sign the waiver form. In the event of wet weather, this class will still go ahead.

- Binna Burra Terrace, Level 2, JW Marriott Gold Coast Resort & Spa
- tuesday 13 May
- 6:30am 7:15am Limited spaces available RSVP at addictionz@anzmh.asn.au

Please note: Yoga mat, water and towel is provided.

Massages



10-minute head and shoulder massages provided by qualified therapists will be available during the following hours:

iii Tu

Tuesday 13 May - 10:30am - 3:30pm Wednesday 14 May- 10:30am - 3:30pm

Fitness Centre



All conference delegates staying in house at the JW Marriott Gold Coast Resort & Spa are most welcome to use the fitness centre complimentary, with your room key providing you with

access. Gym towels, fresh whole fruit and water is also available in the fitness centre.

- Level 3, JW Marriott Gold Coast Resort & Spa
- Open 24 hours a day, 7 days a week

Paint by Numbers



Gather your colleagues and channel your inner artist at the Paint by Numbers table. These easy to-follow designs are suitable for beginners and experienced artists. Relax and enjoy painting one of eight different designs.

- Wellness Zone, Tamborine Foyer, Level 2
- 🧰 Tuesday 13 May Wednesday 14 May
- During conference times

Sports Courts



Keep active throughout the conference with the JW Marriott Gold Coast Resort & Spa outdoor multipurpose sports court and tennis court. Enjoy a game of tennis, handball,

basketball, soccer or hopscotch on one of the JW Marriott's quality courts. There's no need to bring racquets or balls as they can be borrowed on site from the Watersports Kiosk, Front Reception and At Your Service by dialing 9.

Swimming



All conference delegates staying in house at the JW Marriott Gold Coast Resort & Spa are encouraged to enjoy the beautiful Saltwater Lagoon and Fresh Water Pool.

6:00am – 10:00pm

SOCIAL CALENDAR

Welcome Drinks



After the commencement of Day One, we invite all delegates to join us for a welcoming drink and introduce themselves to their fellow delegates. This is a perfect opportunity to mingle and connect and build connections as you embark on your conference experience.

- Chapter Verse Lobby Bar, JW Marriott Resort & Spa
- monday 12 May
- 4:40pm 5:40pm
- Included in full conference registration

Pay Your Own Way Dinner



We know you want to make the most out of your conference experience, so we've organised a venue for you to continue to network and enjoy dinner with your peers and new friends on day one of the conference. Located just 15 minutes' walk from the conference venue, it's the perfect place to relax and enjoy the evening after a day of exciting keynotes and workshops. Bookings are essential, please contact the conference secretariat to RSVP.

- Surfers Pavilion, 30-34 Ferny Avenue, Surfers Paradise
- **Monday 12 May 2025**
- 6:30pm 8:00pm
- Pay Your Own Way

Conference Networking Event



You're invited to join us at our conference's highlight networking event!

Don't miss this opportunity to unwind, network, and indulge with industry peers, sponsors and exhibitors. Join us for a captivating evening of live music, delectable cuisine, and enchanting entertainment. We look forward to seeing you there!

- Level 2, Binna Burra Room & Terrace, JW Marriott Resort & Spa
- Tuesday 13 May
- 5:00pm 6:00pm
- \$ Included in full conference registration*

*Additional tickets for day registrants and accompanying persons can be purchased for \$88 (incl GST) per ticket.







Things I don't want to forget

NOTES & KEY LEARNINGS



Associate Professor Vanessa Beesley

QIMR Berghofer Medical Research Institute

Associate Professor Vanessa Beesley, a behavioural scientist, leads the Psychedelic Medicine and Supportive Care Lab at QIMR Berghofer

Medical Research Institute. She has dedicated two decades to working in psycho-oncology research and is an emerging leader in psychedelic medicine. Ranked 3rd in Australia and 17th worldwide in needs assessment research (Expertscape, 2024), she has been a chief investigator of 13 patient-reported outcomes studies, spanning various cancers including ovarian, pancreatic and melanoma. Currently, she leads a national telehealth counselling and education support service trial for pancreatic cancer carers and a world first psilocybin-assisted therapy trial for bereaved cancer carers with prolonged grief disorder. She's authored 70+ scientific articles, co-written a data analysis manual, held multiple Cancer Australia contracts to provide recommendations to government and is a founding member of the Queensland Collaborative for Cancer Survivorship which focuses on developing and evaluating health innovations. Her dedication to cancer and mental health research underscores her commitment to improving lives.

Keynote Presentation - A World-First Psilocybin-Assisted Psychotherapy Trial for Prolonged Grief Disorder

Tuesday 13 May • 4:00pm - 4:30pm



Adam Bourne

Professor of Public Health, Director of the Australian Research Centre in Sex, Health and Society at La Trobe University in Melbourne

Adam Bourne is Professor of Public Health and Director

of the Australian Research Centre in Sex, Health and Society at La Trobe University where he leads the largest program of LGBTIQ+ health and wellbeing research anywhere in Australia. He is an international expert in alcohol and other drug use among LGBTIQ+ communities and has published seminal papers on patterns and motivators for use, as well as having led numerous studies exploring engagement with professional support services. He is Co-Chair of the Victorian Whole of Government LGBTIQ+ Ministerial Taskforce and member of the Commonwealth LGBTIQ+ Health and Wellbeing 10-Year Action Plan Expert Advisory Group.

Keynote Presentation - LGBTQ+ Health and drug use: Addressing Unique Challenges and Building Inclusive Support Systems

Wednesday 14 May • 9:15am - 9:45am

GLOBAL RESEARCH,

FRESH PERSPECTIVES,

LIVED EXPERIENCE &

CASE STUDIES.



Nicky Dowling
Professor, Deakin University
Professor Nicki Dowling is a
professor of psychology at
Deakin University in Australia.
She is a registered clinical
psychologist who has had
considerable experience in
the treatment of gambling

problems in specialist gambling services. She has been an active researcher in field of gambling studies for over 25 years and she has published around 300 articles and reports. Her area of research expertise is in the identification, prevention, and treatment of people with gambling harm and their affected others. Nicki leads a program of research relating to the development and evaluation of a suite of theoretically-informed and evidence-based mobile health (mhealth) gambling treatments.

Keynote Presentation – Just-In-Time Adaptive Interventions: An Inclusive and Tailored 'In-The-Moment' Approach to Gambling Treatment

Tuesday 13 May • 9:35am - 10:05am



Inez Fainga'a-Manu Sione Community Research Fellow of Village Connect & Griffith University

Dr Inez Fainga'a-Manusione was born in Fiji to Tongan parents, and married a Samoan chief. Inez and her family were adopted into the

Gumatj clan. She has spent 25 years working alongside Māori and Pasifika families within health, education and youth justice. She uses her Bachelor of Theatre, Bachelor of Laws and Business and her Doctorate of Education to inform her current role with Pathways in Place as a Community Research Fellow with the Pasifika charity, Village Connect.

This is Australia's first Pasifika Holistic Health hub colocating within a Pasifika church, weaving together spiritual, clinical, cultural, communal and holistic wellness.

Keynote Presentation - A holistic approach to care using Pacific Indigenous frameworks that can benefit all

Tuesday 13 May • 9:05am - 9:35am



Ivan Frkovic
Commissioner of the
Queensland Mental Health
Commission

Ivan Frkovic is Commissioner of the Queensland Mental Health Commission and brings substantial policy, academic and patient-

centred experience to the role, having worked in the Queensland mental health system for over 30 years. With a focus on strengthening partnerships and collaboration, he oversees delivery and implementation of the State's strategic plan for mental health, alcohol and drugs and suicide prevention - Shifting minds. Ivan's experience across government and non-government organisations provides valuable insight to help bring all sectors together to focus on delivering better mental health outcomes for Queenslanders. He has made a significant contribution to community mental health through published papers and articles.

Keynote Presentation - Alcohol and Other Drug Reform in Queensland

Wednesday 14 May • 2:45pm - 3:15pm



David Graham

MBBS BSc(Hons)

MPsychMed MPhil PhD

CertPsychotherapyPsych
FRANZCP, Medical Director,
GoodMind Therapeutics

Dr Graham is a Consultant Psychiatrist and the Medical Director of GoodMind

Therapeutics, a clinic that offers PAT in various locations across Australia and so he has been intimately involved in navigating the complex legal landscape of PAT in Australia. He previously worked with the New South Wales Chief Psychiatrist on the introduction of new regulations for PAT. He has also established a psychiatric clinic that offers holistic mental health treatment and has co-founded a medicolegal company that provides niche services for civil litigation of institutional abuse and medical negligence.

Keynote Presentation – Emerging Evidence For Psychedelic-Assisted Therapy In The Treatment Of Substance Use Disorders

Tuesday 13 May • 5:00pm – 5:30pm



Associate Professor Alex Russell

Experimental Gambling Research Laboratory, CQuniversity, Principal Research Fellow

Alex Russell is an Associate Professor in the Experimental Gambling Research Laboratory

at CQUniversity. He has worked in gambling research since 2011, and is a named author on ~160 papers and 50 projects. Alex specialises in innovative research methods and analyses, drawing on almost two decades of specialising in statistical analyses. His main research focus is on how technology is changing gambling, who is most at risk, and what can be done to minimise harm. Other research areas include video games and video game addiction, loneliness and social connection, and taste and smell perception, including wine expertise.

Keynote Presentation - Gambling-Related Harm: Who is Most at Risk, And What Contributes to This Risk?

Wednesday 14 May • 3:15pm - 3:45pm





Emeritus Professor Doug Sellman

MBChB PhD FRANZCP FAChAM, Psychiatrist and Addiction Medicine Specialist

Prof Doug Sellman was Director of the National Addiction Centre, University

of Otago Christchurch from 1996-2017, developing and running medical student and postgraduate teaching programmes in Addiction & Mental Health, and led a broad range of addiction-related research projects with over 100 peer-reviewed publications spanning alcohol, cannabis, opioids, nicotine, methamphetamine, gambling and food. In 2009 he was key in the development of Alcohol Action NZ, a medically-led advocacy group for alcohol law reform in New Zealand. His clinical work in the public sector, 1987-2014, was in adult addiction and then youth services. He retired from the University in 2022, and now runs a small private practice, featuring Emotionally Focused Therapy (EFT) for troubled couples and individuals.

Keynote Presentation – Two New Promising Addiction Interventions: Entheogens and Emotionally Focused Therapy (EFT)

Tuesday 13 May • 10:05am - 10:35am



Kate Seselja

Founder the Hope Project

Kate is a national advocate for gambling reform, a recovery coach and Founder of The Hope Project Australia.

Kate has delivered countless presentations to workplaces, schools, community groups

and universities on the impact of gambling harm and her lived experience. Co-Chair of both Canberra Gambling Reform Alliance and Gambling Harm Lived Experience Experts -GHLEE.

Kate is a TEDx and keynote speaker and has also been featured extensively in the media, podcasts and news articles over the past decade of her advocacy. Kate is also a proud mum of 6 and recently become a grandma.

Keynote Presentation – Hope and Healing from Weaponised Shame

Wednesday 14 May • 3:45pm – 4:45pm





Associate Professor Emily Stockings

Program Lead - Smoking, Vaping & Mental Health, The Matilda Centre, University of Sydney

Emily is an Associate Professor and National Health and Medical Research Council

(NHMRC) Fellow, based at The Matilda Centre, The University of Sydney. She is program lead for the 'Smoking, Vaping & Mental Health' research stream. Emily has dual expertise in mental health and tobacco control, with 15 years' experience in designing, testing and evaluating behavioural programs for smoking cessation and vaping prevention. She has a special interest in smoking and vaping among vulnerable populations, and the mental health and social outcomes of young people. She is a co-lead of the OurFutures Vaping prevention program - the first RCT-evaluated vaping prevention program in Australia – and is an expert advisor on vaping to the WHO, the UN and local and federal government agencies. She is a keen science communicator and often features in national digital media.

Keynote Presentation – Vaping in Australia: Understanding its Rise, Risks and Intervention Strategies

Wednesday 14 May • 8:45am - 9:15am



Dr Michael Winlo Director, Emuria

Michael is the CEO of Emyria, a company delivering and developing new treatments for major mental health challenges, including psychedelic-assisted therapies with a focus on MDMA-assisted therapy for

PTSD. Michael is also a Director at Linear Clinical Research, Perth's premier early-phase cancer and clinical trial centre, where he previously served as CEO. Formerly based in Silicon Valley, Michael helped found Palantir's Health team, tackling complex data challenges with major US and UK healthcare institutions. Michael is a medical doctor with an MBA from Stanford.

Keynote Presentation – The Real-World Evidence of MDMA-Assisted Therapy: Expanding The Therapeutic Potential Beyond PTSD

Tuesday 13 May • 4:30pm - 5:00pm

ADDICTIONZ IS FOR ALL MENTAL AND BEHAVIOURAL HEALTH PROFESSIONALS.

WE'D LOVE YOUR FEEDBACK

We'd love your feedback about the conference.

Please scan the QR code at the conference to complete our short conference survey. As a THANK YOU
for completing
this survey by
Friday 16 May 2025,
you'll go into the draw to

WIN

a free registration to AddictionZ 2026









TUESDAY MAY 13, 2025

7:45 AM - 8:30 AM	Registration Open - Welcome! Come and say hello to the Conference Team and
	collect your Name Badge!

Conference Day One Opening Session - Grand Ballroom

8:30 AM - 8:40 AM Acknowledge and Welcome: The Land We Gather On

To start the conference, we acknowledge the Yugambeh people, Traditional Custodians of the land, through a Welcome to Country ceremony by the Jellurgal Aboriginal Cultural Centre. This meaningful moment honors their connection to the land and invites us to be mindful of our shared responsibility to care for it.

8:40 AM - 9:05 AM Official Welcome, Housekeeping and Lived Experience Acknowledgement

Join us as we officially open AddictionZ 2025 and set the stage for an impactful conference. Conference Chair, Dr. Anastasia Hronis, Clinical Psychologist from the University of Technology Sydney, will extend a warm welcome to delegates, share important housekeeping details, and lead a heartfelt Lived and Living Experience Acknowledgement, recognising the voices and stories that shape our collective journey.

9:05 AM - 9:35 AM A Holistic Approach to Care Using Pacific Indigenous Frameworks That Can Benefit All Dr Inez Fainga'a-Manu Sione, Community Research Fellow of Village Connect &

Griffith University

9:35 AM - 10:05 AM Just-In-Time Adaptive Interventions: An Inclusive and Tailored 'In-The-Moment' Approach to Gambling Treatment

Nicki Dowling, Professor, Deakin University

10:05 AM - 10:35 AM Two New Promising Addiction Interventions: Entheogens and Emotionally Focused

Therapy (EFT)

Emeritus Professor Doug Sellman

10:35 AM - 11:00 AM Morning Tea With Exhibitors

Join us for a delightful morning tea and connect with your fellow attendee's. Challenge yourself to step out of your comfort zone and make a new connection. Let's mix, mingle, and make meaningful connections over a cup of coffee or tea!



Available in person only



Available in person and online via OnAIR



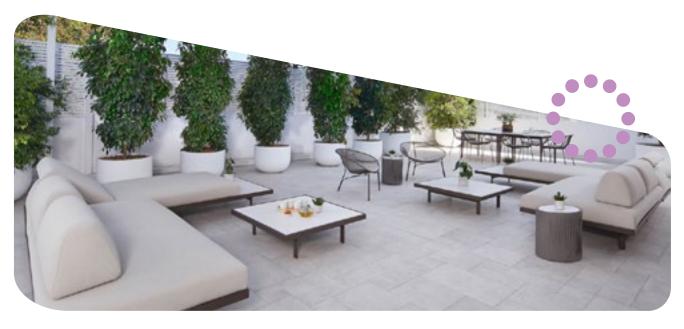
Please refer to the website and mobile app for the most up to date version of the program and to read overviews of each session.

TUESDAY MAY 13, 2025

	Ballroom 1	Ballroom 2	Springbrook Room	Exhibition Hall
	Behavioural Addictions: Understanding and Addressing Modern Dependencies	Navigating the Intersection: Addressing Addiction and Co-occurring Diagnoses/ Disorders	Connecting for Recovery: Peer Support in Addiction Services	Round Table Session - Sponsored and Facilitated by The Banyans
11:00 AM - 11:30 AM	Tobacco in the Time of Vaping - Experiences From a Smoking Cessation Clinic Adam Pastor, St Vincent's Hospital Melbourne	Recognizing the intersections of Mental Health, AoD and Domestic and Family Violence using S&T Model Jackie Wruck, Safe And Together Institute - Australia	Lived Expertise in Action: Embedding a Peer Perspective Brendan Ritchie & Mr Farouk Mitri, Self Help Addiction Resource Centre (SHARC)	Isolation is the Enemy: If AOD Practitioners Need Collaboration to Thrive, Why Are We Still Working in Silos? Round Table Discussion Presented by Dr Gavin Brown, Clinical Director, The Banyans & Diane Young, Psychotherapist & Addiction Therapist, South Pacific Private
11:35 AM - 12:05 PM	Not Just a Money Matter: Lived, Learned and the Data to Prove It Gary Fahey, Strong Men'd	Addressing Complexity, Disconnection and Struggle: a Relational Approach to Treatment Sam Stabler & Jessica Konstas, Communify QLD	Navigating the Complexities of AOD Peer Work Penny Chugg, The Salvation Army, Alcohol And Other Drugs Program & Co-Presenter Samantha Hodgetts	Round Table Continued
12:10 PM - 12:40 PM	Social Media Consumption and Autonomy Development in Young Adults Phd Alina Deana Machande, University Of Hagen, Germany	St Vincent's Aodmh Hub - Acute Integrated Care for Addictions Within an Emergency Department Dr Greta Moon & Niamh Corscadden & Tom Cochrane, St Vincent's Hospital Melbourne	Who Are the Peers in a Therapeutic Community and What Magic Do They Provide? Bernice Smith & Toni Eachus, Goldbridge Rehabilitation Services Inc.	Round Table Continued
12:40 PM - 1:40 PM Lunch With Exhibitors Join us for an interactive lunch at the exhibition!				

TUESDAY MAY 13, 2025

	Ballroom 1	Ballroom 2	Springbrook Room
	Cultural Humility and Demographic-specific Treatment Issues	Holistic Approaches to Youth Engagement, Recovery, and Care	Multiple Pathways to Recovery: Innovative Approaches and Practices
1:40 PM - 2:10 PM	Reflections and Learnings From the Aboriginal Family Support Program Five Years on From Implementation David Shakespeare, Nicola lannantuoni and Tara Ellis, Cyrenian House	X-Tending our Reach: Engaging Young People with Significant Barriers Sophie Marshall, Mater Clarence Street	Innovation or Common Sense in Addiction Recovery? The Banyans Interdisciplinary Collaborative Care Model (BiCOC) Dr Gavin Brown and Tammy Spiller
2:15 PM - 2:45 PM	Development of Lived Experience Videos About Methamphetamine with Aboriginal and Torres Strait Islander Peoples. Tariq Isaacs, The Matilda Centre	Re-imagining Recovery: a Scoping Review and Qualitative Needs Assessment of "recovery" Among Youth and Caregivers Cameron Eekhoudt, BC Centre on Substance Use	Innovative, Flexible and Assertive Approaches to Harm Reduction and Accidental Counselling With Young People Liz Scott & Molly Reynolds, Directions Health Services
2:50 PM - 3:20 PM	Exploring Australian Addiction Workers' Views on Inclusive Treatment for Transgender and Gender Diverse (Tgd) Clients Nic Robinson-Griffith, Thorne Harbour Health	Headspace National AOD Strategy: a Roadmap for Delivering Holistic Care for Young People Josh Steicke, Headspace National	A New Model of Addiction Rehabilitation: the Connectedness Model Fosters Completeness, Safety and Prosperity Dr Aqua Hastings, Excelsia College
3:20 PM - 3:50 PM	Join Us For Afternoon Tea With Exhibitors & In-Person Poster Presentations		



TUESDAY MAY 13, 2025

3:20 PM - 3:50 PM Posters Can Be Viewed in the Venue Foyer and Virtual Via OnAlR Portal

Ant Alder

A Day In The Life Of A Harm Reduction Peer Worker Within Addiction Medicine

Lija Austen

Healing Together Online: Online Peer Support & Education For Families Affected By Alcoholism

Nicholas Kerswell

Healing Trauma In Aod Services: Sustainable And Expanded Implementation Of Cognitive Processing Therapy

Alina Deana Machande

I Play, Therefore I Am? Psychodynamic And Existential Perspectives On Hikikomori

Alina Deana Machande

Social Media Consumption And Autonomy Development In Young Adults

Bo Roe

"The Morning Star" Tool

Wayne Ryder

Moorditj Maaman Breaking The Cycle

Mike Winton

Journey Of Change: Exploring Lived Experience And Its Impact On Recovery Journeys In Palmerston

Sean Daniels

Stories That End Stigma

Jenny Wolf

An Inclusive Model Of Auditing Specialist Addiction Services In New Zealand - What Works?

Justin Bergholcs & Rebecca Holton

Transforming Lives - Different Types of Service Delivery in the Mental Health and AOD Space

A BOLD, INCLUSIVE
AND AMBITIOUS
CONFERENCE WITH
COLLABORATION AT
ITS CORE.

BRINGING
TOGETHER
INCREDIBLE
THINKERS FROM
ACROSS AUSTRALIA &
NEW ZEALAND.

TUESDAY MAY 13, 2025

	Afternoon Keynote Session
3:50 PM - 4:00 PM	Afternoon Boost: Join Our Energizer Session Before Our Amazing Afternoon Keynote Speakers Hit The Stage!
4:00 PM - 4:30 PM	A World-First Psilocybin-Assisted Psychotherapy Trial for Prolonged Grief Disorder Associate Professor Vanessa Beesley, QIMR Berghofer Medical Research Institute
4:30 PM - 5:00 PM	The Real-World Evidence of MDMA-Assisted Therapy: Expanding The Therapeutic Potential Beyond PTSD Dr Michael Winlo, Director, Emyria
5:00 PM - 5:30 PM	Emerging Evidence for Psychedelic-Assisted Therapy In The Treatment of Substance Use Disorders Dr David Graham, MBBS BSc(Hons) MPsychMed MPhil PhD, CertPsychotherapyPsych, FRANZCP, Medical Director, GoodMind Therapeutics
5:30 PM - 5:45 PM	Day One Wrap Up As we conclude the first day of the conference, Conference Chair Dr. Anastasia Hronis will guide us through key reflections and highlights from the day. Take this moment to pause and appreciate the stories, insights, and connections shared so far. Following this session, join us for the Conference Networking Function—a perfect opportunity to unwind, continue conversations, and build meaningful connections with fellow delegates.
5:45 PM - 7:15 PM	AddictionZ 2025 Official Networking Event
	The welcome reception is a networking event for our attendees, exhibitions, partners, and presenters and promotes rich conversations and helps build meaningful relationships between peers. Light canapés and beverages will be served allowing attendees to connect with their peers, along with our partners and exhibitors. Tickets are included for 2-day conference registrations. Additional guest and/or partner tickets can be



purchase separately.



WEDNESDAY MAY 14, 2025

	Registration Open - Welcome to Day 2! Come and say hello to the Conference Team and collect your Name Badge!		
	Conference Day Two Keynote Session - Grand Ballroom		
8:30 AM - 8:45 AM	Welcome Back - Conference Day Two Join us as we start Day Two with a warm welcome from Dr. Anastasia Hronis, Clinical Psychologist from the University of Technology Sydney. This session will outline today's highlights, provide key housekeeping updates, and set the tone for another inspiring day ahead.		
8:45 AM - 9:15 AM	Vaping in Australia: Understanding its Rise, Risks and Intervention Strategies Associate Professor Emily Stockings, Program Lead - Smoking, Vaping & Mental Health, The Matilda Centre, University of Sydney		
9:15 AM - 9:45 AM	LGBTQ+ Health and Drug Use: Addressing Unique Challenges and Building Inclusive Support Systems Professor Adam Bourne, Professor of Public Health, Director of the Australian Research Centre in Sex, Health and Society at La Trobe University in Melbourne		
9:45 AM - 10:10 AM	Morning Tea With Exhibit Engage with someone you		
	Ballroom 1	Ballroom 2	Springbrook Room
	Innovating Change: Digital Programs and Proven Strategies for Addiction Prevention and Treatment	Transforming Recovery: Integrating Emotional Insight, Autonomy, and Care Continuums	Workshop 1
10:10 AM - 10:40 AM	Internet Pornography Use Disorder: in Search of a Non-pathologizing Description of an Evolving Clinical Issue Francesca Palazzolo	Traverse Your Pathway With Truth and Conviction Haehaetu Barrett, The Lifewise Trust	Common Ground: Learnings from Alcohol and Other Drug (AOD) Interventions for Reducing Gambling Harm Georgia Dellosa & Nick Kerswell, Lives Lived Well
10:40 AM - 11:00 AM	ConnectWell: A Digital AOD Pilot Service to Increase Consumer Engagement Grace Shuttleworth, Lives Lived Well	Self-Managed Medication in AOD Residential Services Richard Salewicz & Kylie Harris, Salvation Army - Aod Services Tasmania	Workshop Continued



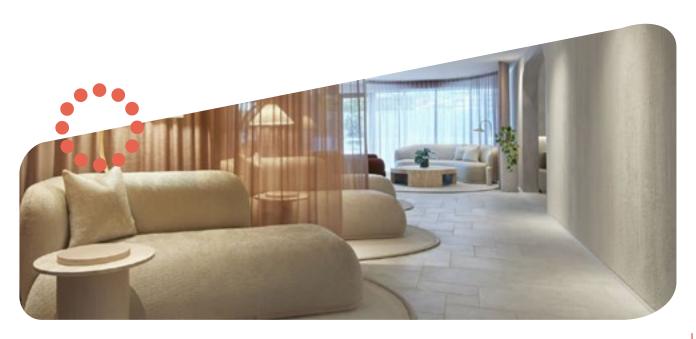
WEDNESDAY MAY 14, 2025

	Ballroom 1	Ballroom 2	Springbrook Room
	Innovating Change: Digital Programs and Proven Strategies for Addiction Prevention and Treatment	Transforming Recovery: Integrating Emotional Insight, Autonomy, and Care Continuums	Workshop 1
11:05 AM - 11:25 AM	The 'Power to Change' Gambling Program. A Digitally-enhanced Brief Treatment Program for Problem Gamblers Christine Parr, Caraniche	Be Brave: Recognise and Centralise Shame in your Practice Hala Abdelnour, Institute Of Non-Violence	Workshop Continued
11:30 AM - 11:50 AM	Demonstrating the Effectiveness of Drug Prevention and Rehabilitation Programming in Significantly Reducing Australian Drug Mortality Gary Christian, Drug Free Australia	Be Brave: Recognise and Centralise Shame in your Practice - Continued	Workshop Continued
11:50 AM - 12:40 PM	Lunch With Exhibitors		
	Ballroom 1	Ballroom 2	Springbrook Room
	Integration, Innovation, and Inclusion in AOD Support	Alternative Treatments	Workshop 2
12:40 PM - 1:10 PM	Bridging Medical Detox and Peer Support: Clean Slate's Innovative 12-Month Recovery Model Chris Gimpel, Clean Slate Clinic & Dan Raffell, SMART Recovery Australia	Trauma-Sensitive Yoga in Addiction Recovery: Enhancing Healing and Body Awareness for Women with SUD Julie Schamp, Ghent University	Supporting Women at Higher Risk of Alcohol Exposed Pregnancies, a Lived Experience Perspective Sophie Harrington & Angelene Bruce
1:15 PM - 1:45 PM	Connecting for Recovery: Our Story, Our Learnings from the STEPS AOD Reintegration Program, Bunbury, WA Anna Calverley & Kate Moore, Palmerston Association Incorporated	Aboriginal Elders (Bridyas) as Guardians of Cultural Wisdom in Healing Wayne Ryder & Mike Winton, Palmerston Association Incorporated	Workshop Continued



WEDNESDAY MAY 14, 2025

	Ballroom 1	Ballroom 2	Springbrook Room
	Integration, Innovation, and Inclusion in AOD Support	Alternative Treatments	Workshop 2
1:50 PM - 2:20 PM	Bringing Aboriginal Cultural Knowledge into Therapeutic Practice: Perspectives from First Nations Health Workers Kaiwarr Clancy & Anna Grager, The University of Sydney	Pivot – a Private Outpatient Alcohol and Other Drug and Wellbeing Service – Where Does It Fit in the Continuum of Care? River Paton, Pivot By Explore Hapainga Ora	Workshop Continued
2:20 PM - 2:45 PM	Afternoon Tea and Exhibition		
2:45 PM - 3:15 PM	Alcohol and Other Drug Reform in Queensland Ivan Frkovic, Commissioner of the Queensland Mental Health Commission		
3:15 PM - 3:45 PM	Gambling-Related Harm: Who is Most at Risk, And What Contributes to This Risk? Associate Professor Alex Russell, Principal Research Fellow, Experimental Gambling Research Laboratory, CQUniversity		
3:45 PM - 4:45 PM	Hope and Healing from Weaponised Shame Kate Seselja, Founder the Hope Project		
4:45 PM - 5:00 PM	Conference Closing & Key Learnings Join us as we wrap up an incredible two days of learning, collaboration, and inspiration. Dr. Anastasia Hronis, Clinical Psychologist from the University of Technology Sydney, will guide us through the key learnings from the conference, highlight pivotal moments, and formally close the event. This session will also include the highly anticipated prize draw—don't miss your chance to win! Let's reflect on our shared journey and leave inspired to make an impact.		







FREE TRAINING

IN RECOGNISING & RESPONDING TO ADULT DISCLOSURES OF SEXUAL VIOLENCE

Monash University's Department of Forensic Medicine delivers training that equips AHPRA registered healthcare professionals to recognise and respond appropriately to adult disclosures of sexual violence.





GISTER HERE



2025 in-person sessions are scheduled to be delivered nationally in metro and regional areas.

Upcoming intakes are occurring in Perth, Kalgoorlie, Brisbane & Townsville.

All dates are listed on our website.

This program is funded by the Department of Social Services under the National Plan to End Violence Against Women and Children 2022-2032.

Things I don't want to forget

NOTES & KEY LEARNINGS

SPONSORS



GOLD



Queensland Mental Health Commission

The Queensland Mental Health Commission is responsible for driving reform of the mental health, alcohol and other drug and suicide prevention systems.

Our job is to encourage and facilitate change to improve the mental health and wellbeing of all Queenslanders, with a focus on promoting positive mental health and wellbeing, and preventing and reducing the impact of mental ill-health, alcohol and other drug-related harms and suicide.

It takes collective action at all levels and across many sectors to achieve reform and we work with government and non-government agencies, people with lived-living experience, families, carers and supporters throughout Queensland to engage, inform and inspire reform.

W: qmhc.qld.gov.au

SILVER



Lives Lived Well

Lives Lived Well works with people impacted by alcohol, drugs, gambling and mental health concerns. We offer free withdrawal, counselling and group programs. Our rehabilitation recovery centres, such as Mirikai, provide more comprehensive recovery support. We run the Lives Lived Well Specialist Centre, which is open to the public, and we are the lead agency for headspace Southport and headspace Upper Coomera.

P: 1300 727 957 W: liveslivedwell.org.au

BRONZE

camurus

Camurus

Camurus is a Swedish research-based pharmaceutical company committed to developing innovative and differentiated medicines for the treatment of severe and chronic conditions. New drug products are conceived based on the proprietary lipid-based FluidCrystal® drug delivery technologies and an extensive research and development expertise.

Camurus Australia's focus is on opioid dependence, with the aim of simplifying treatment and removing the burden and stigma for patients and their families.

W: camurus.com.au/opioiddependence

ROUND TABLE



The Banyans

The gold standard in recovery. Set amidst Brisbane's pristine hinterland, we offer a world-class destination for nationally accredited mental health, addiction, and eating disorder recovery programs.

As part of a network of leading treatment centres – South Pacific Private, Byron Private and Palladium Private – our industry-leading clinicians and holistic professionals collaborate to deliver personalised, evidence-based biopsychosocial care with a 14:1 clinician-to-guest ratio.

Blending serene surroundings with discretion and confidentiality, a multidisciplinary approach and unparalleled medical oversight, The Banyans; integrative care model fosters resilience and restores wellbeing, empowering individuals to regain control and reclaim their lives.

W: thebanyans.com.au

SPONSORS



HUMANISING ADDICTION



Goldbridge Rehabilitation Services

Established on the Gold Coast, Queensland in 1987, Goldbridge helps to transform lives, by providing a safe space for people with Alcohol and Other Drug (AOD) addiction and mental health concerns by fostering a sense of community, empowerment and belonging with the aim of achieving effective recovery living.

Goldbridge Rehabilitation Services delivers evidence-based, trauma-informed AOD recovery, fostering inclusivity, and empowerment to transform lives.

Goldbridge provides a range of treatment services:

- Assessment: Treatment matching to ensure clients' needs are met.
- Therapeutic Community (TC) program:
 6-month Residential Rehabilitation Program
- Transition-to-Community program assisting clients to reintegrate into the community.
- Continuing Care: Counselling service.

W: goldbridge.com.au

BARISTA CART



Smart Recovery Australia

SMART Recovery Australia is the first and only national provider of professional and peer-led, evidence-based, and self-empowering addiction recovery support in Australia that is not based on a belief in a higher power or requiring individuals to admit powerlessness over their addiction.

Working with compassion not judgement, our lived experience facilitators use tools and techniques to help participants to set their own goals which may or may not include abstinence. Our free services and peer support recovery groups are inclusive and accessible to everyone regardless of location throughout Australia.

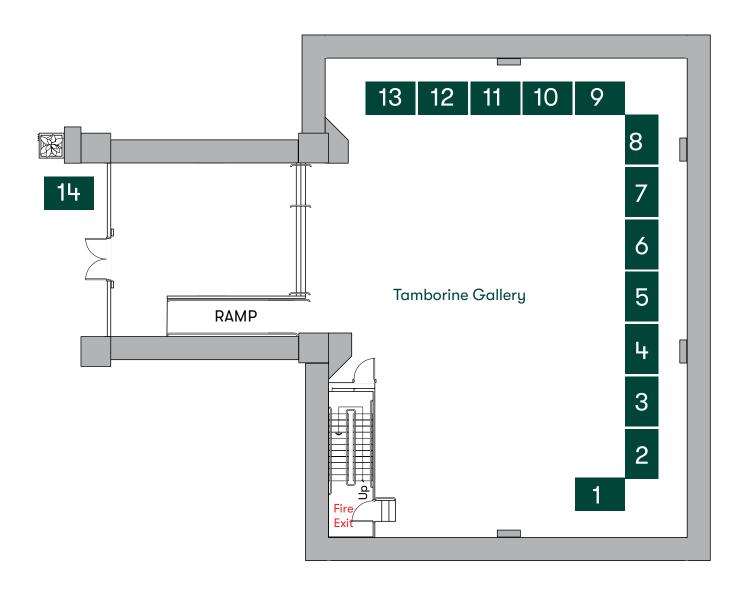
SMART Recovery Australia offers practical and solution focused mutual aid meetings, designed to provide participants with a toolbox of coping strategies and skills they can use to achieve enduring change. In partnership with over 92 member organisations, the SMART Recovery Australia team successfully facilitated over 300 groups for 115,000 people living with addictive behaviours, working hand in hand helping them through their recovery journey to achieve a life free from addiction.

W: smartrecoveryaustralia.com.au

EXHIBITION HALL

EXHIBITION HOURS

Tuesday 13 May 8:00am – 5:30pm Wednesdau 14 May 8:00am – 2:45pm



EXHIBITOR LIST

- 1. The Banyans
- 2. Cracks In The Ice
- 3. Bay Pharma
- 4. Camurus Pty Ltd
- 5. Lives Lived Well
- 6. Goldbridge Rehabilitation Services
- 7. Avive Health

- 8. Hader Clinic Queensland
- 9. QuIHN
- 10. Aurora Healthcare and iMH
- 11. Habitat Theraputics
- 12. ANZMHA
- 13. Queensland Mental Health Commission
- 14. Smart Recovery Australia

NOTES & KEY LEARNINGS

Things I don't want to forget

Goldbridge

A Safe Place to Recover from Alcohol and Drug Addiction

Transforming Lives Through Recovery

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- Continuing Care: Counselling service.





Contact Us

07 5503 1255

www.goldbridge.com.au

Office 201, 9 Bay Street, Southport, QLD 4215









CONFERENCE EXHIBITORS





Australian & New Zealand Mental Health Association

The Australian & New Zealand Mental Health Association is a non-government, non-for-profit association for all mental health professionals, workers, volunteers, carers and advocates.

Through a selection of educational materials, annual events and continued development opportunities, we aim to support the personal and professional wellbeing of every individual active in mental health and wellbeing.

P: 07 5502 2068

E: membership@anzmh.asn.au

W: anzmh.asn.au



Aurora

Aurora Healthcare is a dedicated and focused specialty healthcare group that specialises in mental health, rehabilitation, community care, oncology and cardiology. Committed to delivering premium health services and clinical excellence, Aurora Healthcare's Australian portfolio comprises 17 private hospitals and community services in Australia's major cities and key regional areas. With 1,000 mental health beds, 450 rehabilitation/medical beds and a range of outpatient and day programs, Aurora Healthcare is one of the largest private providers in Australia's mental health and rehabilitation sectors.

W: aurorahealth.com.au



Avive

Avive Health is a private mental health operator with hospitals in Brisbane and on the Mornington Peninsula, dedicated to delivering specialised care for individuals facing mental health and addiction challenges. We proudly support the veteran community through tailored inpatient and day programs addressing anxiety and mood disorders, addictions, trauma, and embodied emotion and movement therapies. We accept DVA white and gold card holders and offer innovative, evidence-based programs delivered by an experienced multidisciplinary team. Our approach is designed to meet the unique needs of this cohort, fostering sustainable recovery and enhanced well being.

W: avivehealth.com.au

bBayPharma

Bay Pharma

Bay Pharma is a leading pharmaceutical company specializing in high-quality vaporized nicotine products. Adhering to Therapeutic Goods Administration (TGO-110) Standards, the company focuses on health, safety, and excellence. Its product range caters to the Australian market with scientifically formulated nicotine solutions. Independent from the tobacco industry, Bay Pharma aims to provide reduced harm alternatives to assist in smoking cessation and the management of nicotine addiction. Guided by principles of integrity and transparency, the company strives to redefine the NRT industry through ethical practices and cuttingedge solutions, positioning itself as a health advocate and innovator committed to setting new quality standards.

W: baypharma.com.au

CONFERENCE EXHIBITORS





Cracks In The Ice, The Matilda Centre

Cracks in the Ice (cracksintheice.org.au) is an online toolkit providing trusted, evidence-based, and upto-date information and resources about crystal methamphetamine for the Australian community. The website features helpful tips, factsheets, videos/animations and links to support services. There are also specific resources for people who use crystal methamphetamine, their friends/families, health workers, as well as Aboriginal and Torres Strait Islander peoples. Cracks in the Ice is supported by funding from the Australian Government Department of Health and Aged Care, and was developed by the Matilda Centre for Research in Mental Health and Substance Use at the University of Sydney.

W: cracksintheice.org.au



Habitat Therapeutics

Habitat Therapeutics is a Private Residential Rehabilitation service helping to rebuild the broken lives of those suffering from Alcohol and Other Drug addiction. We are a licenced and regulated Private Hospital meeting NHQHS standards. Our facility operates as a modified therapeutic community, our programs are a combination of the 12 Step philosophies and worlds best practice. Our multidisciplinary team, most with lived experience, provide care with empathy, compassion and understanding in a facility that feels more like a large family home than a hospital.

W: habitattherapeutics.com.au



Hader Clinic

Operating since 2016, Hader Clinic Queensland is proud to be the only private drug and alcohol addiction treatment centre in Queensland to be independently accredited, with a private detox hospital co-located onsite. Hader Clinic Queensland treat addiction through a holistic, therapeutic community model, incorporating evidence-based psychoeducation and support from a multidisciplinary team of health professionals.

P: 1300 856 847 W: haderclinicald.com.au



QuIHN

QuIHN is are driven by a mission to provide highquality, innovative services that empower, include, and support individuals at every stage of their drug use journey. Our purpose is to stand beside vulnerable people, their families, and communities across Queensland who are experiencing or at risk of harm due to substance use.

We are committed to advancing the dignity, health, and well-being of marginalised or excluded populations, ensuring that every individual we serve is treated with respect and compassion. Through our work, we strive to create a positive impact, fostering healthier, more resilient communities where everyone has the opportunity to thrive.

P: 1800 172 076 W: quihn.org

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BRONZE



ROUND TABLE



HUMANISING ADDICTION



BARISTA CART SPONSOR



SHOWCASE EXHIBITORS













