



**Australian & New Zealand  
Mental Health Association**

# 2023 EVENTS CALENDAR



**PLAN, LEARN, SHARE**  
conferences for the mental health industry

### WE ARE COMMITTED TO ADVANCING THE UNDERSTANDING OF MENTAL HEALTH FOR THE BENEFIT OF ALL.

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At the Australian & New Zealand Mental Health Association, we believe in the power of sharing knowledge, progress and developments in mental health research and treatment, and supporting our dedicated and passionate industry professionals.

As a non-government, non for profit association, we achieve our vision through hosting and supporting several annual events, each of which focuses on specific issues within the wider spectrum of mental health and wellbeing.

## OUR ROLE

To educate professionals, advance knowledge for carers and consumers, and advocate for improved mental health services.

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## OUR MISSION



- **To provide** mental health knowledge to industry professionals through our annual events
- **To educate** and train professionals in mental health practices
- **To advance** knowledge and research in mental health
- **To advocate** for improved mental health services and best practice



### LOOKING FOR A WAY TO EXPAND YOUR CAREER EXPERIENCE, INCREASE YOUR NETWORK AND SHARE YOUR KNOWLEDGE?

Speaking opportunities are available for all conferences hosted by the Australian & New Zealand Mental Health Association. From prevention through to mental health treatments, therapy options, academic research and industry developments, focus topics span across a variety of sectors within the industry.

Our speakers are selected by the relevant conference program advisory committee and are chosen on their ability to deliver an engaging, thought-provoking and professional oral presentation, workshop or poster presentation.

Each conference has a speaker submission application process and you can apply to speak at more than one conference.

## FIND OUT MORE

If you have a specific topic in mind or would like to discuss involvement with speaking opportunities at any of our conferences, please get in touch:

**Email:** [marketing@anzmh.asn.au](mailto:marketing@anzmh.asn.au)



## PARTNERSHIP OPPORTUNITIES

### LOOKING FOR A WAY TO CONNECT WITH THE MENTAL HEALTH COMMUNITY AND HAVE YOUR BRAND SEEN?

Connect directly with your target audience, expand your product or service reach and increase your brand exposure.

All conferences hosted by ANZMHA come with a range of partnership solutions for your brand.

Choose from a range of opportunities, including platinum, gold and silver partnerships. For all available packages, please contact Talitha Natt, the Head of Partnerships at [partnerships@anzmh.asn.au](mailto:partnerships@anzmh.asn.au)

### PACKAGES INCLUDE:

Recognition and branding opportunities  
Website, social and e-marketing exposure  
Advertising opportunities  
Venue signage and Trade displays

### EXISTING AND PAST PARTNERS



Australian Government

Office of the  
eSafety  
Commissioner



LIVINGWORKS



Gayaa Dhuwi (Proud Spirit) Australia  
Aboriginal and Torres Strait Islander Leadership in Social and Emotional Wellbeing, Mental Health and Suicide Prevention



[WWW.ANZMH.ASN.AU](http://WWW.ANZMH.ASN.AU)

## 2023 CONFERENCES

CONFERENCE	WHEN	WHERE
<b>Frontline Mental Health Conference</b>	6 -7 March	Gold Coast
<b>Child &amp; Adolescent Mental Health Conference</b>	20 - 22 March	Gold Coast
<b>Australian &amp; New Zealand Addiction Conference</b>	26 - 28 April	Gold Coast
<b>International Mental Health Conference</b>	7 - 9 June	Gold Coast
<b>Workplace Mental Health Conference</b>	7 - 8 September	Gold Coast
<b>Indigenous Wellbeing Conference</b>	30 - 31 October	Darwin
<b>Rural &amp; Remote Mental Health Symposium</b>	8 - 10 November	Albury
<b>STOP Domestic Violence Conference</b>	27 - 29 November	Hobart

## CONFERENCE SCHEDULE

### FRONTLINE MENTAL HEALTH CONFERENCE 6-7 MARCH, GOLD COAST

***Improve the Mental Health and Wellbeing of Australia & New Zealand's First Responders.***

Connect with leaders and managers in police, fire, defence, rescue, and emergency services. Collaborate on solutions to improve frontline mental health. Learn from each sector and discover new ways to provide tailored care for your workers. Join our FLMC passionate speakers, committee members, sector leaders and colleagues as we champion change for our frontline workers.

### CHILD & ADOLESCENT MENTAL HEALTH CONFERENCE 20 - 22 MARCH, GOLD COAST

***Progressing Mental Health Care for all Young People.***

This conference brings together professionals in the field of child and adolescent mental health as well as government officials and researchers to support and advance mental health and wellbeing for children and adolescents.

*"It's a great forum for exploring and discussing how the sector is addressing increasingly complex presentations and challenges."*

- 2022 Conference Delegate.

### AUSTRALIAN & NEW ZEALAND ADDICTION CONFERENCE 26 - 28 APRIL, GOLD COAST

***The Pinnacle Event for Behavioural Health, Addiction Treatment, and Mental Health Experts.***

From alcohol and other drugs through to exercise, gaming, gambling, technology, food, and pornography, this three-day conference encompasses all aspects of behavioural, mental, and chemical addiction. We want to broaden and promote the understanding of substance use and dependency formation and explore the many ways in which we can put steps in place to prevent, treat, and support those in need.

## CONFERENCE SCHEDULE

### INTERNATIONAL MENTAL HEALTH CONFERENCE, 7-9 JUNE, GOLD COAST

***As worldwide demand for mental health care services rise, the sector faces unprecedented workforce shortages, disrupted treatment gaps, insufficient funding and a reliance on outdated service models.***

Attracting Australia and New Zealand's leading clinical practitioners, academics, and mental health experts, the International Mental Health Conference provides current and future professionals with the chance to network, share research, projects and formulate ideas for change to provide the best possible outcome for those living with mental health conditions.

### WORKPLACE MENTAL HEALTH SYMPOSIUM 7 - 8 SEPTEMBER, GOLD COAST

***Our goal with the workplace mental health symposium is to create better working environments for a healthier, happier more productive and engaged workforce.***

Address key challenges facing organisations when introducing, implementing, measuring and creating policy and program to share best practices and facilitate meaningful connections. Join business leaders and mental health professionals to promote positive workplace mental health.





### INDIGENOUS MENTAL HEALTH CONFERENCE 30 - 31 OCTOBER, DARWIN

***Empowering First Nations Australian, Māori and Pasifika Community-Led Change in Social & Emotional Wellbeing.***

Our vision is simple: to provide a platform for First Nations Australian, Māori and Pasifika people to come together, collaborate, ngutu-atpanthi (teach), learn, create, and lead programs and services for greater social and emotional wellbeing. For change to happen we must shine a light on the key challenges in First Nations Australian, Māori and Pasifika communities and address the past and present issues contributing to inequities in mental health treatment and care.

### RURAL & REMOTE MENTAL HEALTH SYMPOSIUM 8 - 10 NOVEMBER, ALBURY

***Australia's leading event to improve mental health access & services in regional and remote communities.***

Hear from and network with like-minded professionals who are passionate about improving mental health services and mental health outcomes within rural Australia. With a diverse attendee gathering of health professionals, academics, government representatives and influential leaders in rural Australia, the symposium shines a light on a segment of mental health awareness that often gets overlooked, particularly in our remote areas.

### STOP DOMESTIC VIOLENCE CONFERENCE 27 - 29 NOVEMBER, HOBART

***With thousands of Australians at risk of sexual, physical, mental and emotional abuse, it is crucial for our sector to come together as one and provide a unified voice for change.***

This annual conference provides the platform to showcase research, innovative programs and practical resources via an extensive and comprehensive program including keynote speeches, concurrent presentations, workshops and networking opportunities.



# CONTACT US

## THE AUSTRALIAN & NEW ZEALAND MENTAL HEALTH ASSOCIATION

Conference Information and General Enquiries

**Website:** [www.anzmh.asn.au](http://www.anzmh.asn.au)

**Email:** [marketing@anzmh.asn.au](mailto:marketing@anzmh.asn.au)

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