



MONDAY 24 NOVEMBER – WEDNESDAY 26 NOVEMBER 2025



RACV ROYAL PINES, GOLD COAST QLD

**ANZMH.ASN.AU/SDVC
#SDVC25**

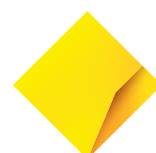
TURNING THE TIDE: SUPPORTING SURVIVORS & SHAPING CHANGE

Hosted by



**Australian & New Zealand
Mental Health Association**

Platinum Sponsor



**Commonwealth
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Conference Floor Plan



Plenary Sessions

Prince Room

Concurrent Sessions

Room 1 – Prince Room

Room 2 – Monarch Room

Room 3 – Jacaranda Room

Room 4 – Karrie Webb Room

Speakers Prep: Boardroom

Catering: Royal Benowa Foyer

Exhibition: Royal Benowa Foyer

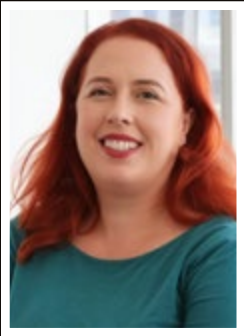
Poster Presentations: Royal Benowa Foyer

Quiet Room: Norfolk Room

Wellness Zone: Royal Benowa Foyer

Counselling Room: Business Centre

Networking Function: Royal Benowa Foyer



Welcome To the 2025 STOP Domestic Violence Conference

We are delighted to welcome you as a registered delegate for the 2025 STOP Domestic Violence Conference will take place from Monday, November 24th, to Wednesday, November 26th, 2025, at RACV Royal Pines, Gold Coast.

The conference is your chance to connect with your fellow dedicated professionals to reflect on current obstacles facing us, brainstorm innovations and seek opportunities for change within the family, domestic and sexual violence sector.

TURNING THE TIDE: SUPPORTING SURVIVORS AND SHAPING CHANGE

By joining us, you will lend your voice to these crucial discussions and gain valuable information to continue providing solutions and strategies within your organisation, team, and community. The STOP Domestic Violence Conference provides a platform for government policies and initiatives to be updated, informed, and receive feedback from those actively delivering services in the community. To effectively combat violence against women and children, we recognise the necessity of working together with honesty and transparency to create sustainable solutions. Your involvement in this conference is a vital step towards achieving this goal.

At the STOP Domestic Violence Conference, our mission is to unite and amplify the voices of those dedicated to ending domestic violence. This year's theme **Turning the Tide: Supporting Survivors and Shaping Change** emphasizes the critical importance of collaboration in driving meaningful progress. We believe that by breaking down barriers between sectors and fostering partnerships across communities, we can create innovative and sustainable solutions to combat domestic violence. Together, we are stronger, and together, we can build a future free from violence.

We've crafted a bold and inclusive program that reflects this vision, and we can't wait for you to experience it.

In solidarity,

Katherine Berney and Juliana Nkrumah
Conference Co-Chairs

We acknowledge and thank the Yugambah people as the Traditional Owners of the land on which we hold this conference.

Acknowledgement

We would like to acknowledge the valuable contribution of all committee members and session chairs for their time and expertise with the conference program.

PROGRAM COMMITTEE



Katherine Berney (Co-Chair)
Executive Director, National Women's Safety Alliance



Ged Moriarty
Research & Evaluation Coordinator, The Man Cave



Kate Fitz-Gibbon
Founder, Sequire Consulting



Assunta Morrone
National Family Violence and Recovery Specialist, Good Shepherd ANZ



Michelle Guthrie (Rogers)
Nyumba Consulting



Kai Noonan
Director of Sexual, Domestic and Family Violence Prevention, LGBTIQ+ Health Australia



Prof Sue Heward-Belle
Professor of Social Work, The University of Sydney



Juliana Nkrumah (Co-Chair)
A/Head, Women and Gender Equity at Settlement Services International



Tara Hunter
Director, Clinical and Client Services, Full Stop Australia



Patrick O'Leary
Professor, Human Services and Social Work, Griffith University



Carolyn Jones
Principal Solicitor of the Harm Practice, Youth Law Australia



Ajsela Siskovic
Executive Manager of Legal Services & Principal Lawyer, inTouch Women's Legal Centre



Merinda March
Chief Executive Officer, White Ribbon Australia / Communicare



Shannon Welch
Strategic Project Coordinator, People with Disability Australia



Julianna Marshall
Policy and Education Manager, Central Australian Women's Legal Service (CAWLS)



Conference Host
Sam Stewart
CEO, Australian & New Zealand Mental Health Association



Summah McKinnon
Project Manager, People with Disability Australia

General Information

The following information is provided to make your attendance at SDV25 as pleasant as possible. If you require assistance, please visit the conference team at the registration desk.

Registration and Information Desk

The registration desk will be located in the Royal Benowa Foyer. The hours of operation are as follows:

Monday 24 November	11:30am – 5:00pm
Tuesday 25 November	8:00am – 5:00pm
Wednesday 26 November	8:00am – 3:00pm

Name Badge

Please collect your name badge from the registration desk and wear it each day as it is your official pass to all sessions, exhibition, morning tea, lunch, afternoon tea and the social function. You will not have access to conference rooms without a name badge present.

Wi-Fi

Complimentary Wi-Fi internet is available in all event areas.

Login: RACV conference

Password: racvconference

Mobile Phones

Please ensure all mobile phones are switched to silent while in conference sessions.

Dress Code

The dress code is smart casual.

On-Site Counsellor

During the conference, if you feel the need to speak to someone, please contact:

Monday 24 November

Kylie Turner 0448 800 732
Kate Lloyd 0409 873 571
Traci Baldwin 0402 703 249

Tuesday 25 November

Michelle Kelly 0418 189 079
Angela Mayer 0467 701 996
Tricia Holden 0429 011 632

Wednesday 26 November

Bernie O'Mara 0477 663 613
Tricia Holden 0429 011 632
Jacqueline 0450 362 096

We are here to support you.

Conference Catering

All catering will be served in the Royal Benowa Foyer with the exhibitors and poster presentations.

Networking Function

The networking function will be held on Tuesday 25th of November from 5:20pm – 6:20pm in the Royal Benowa Foyer. Join us for an evening of great conversations, live music, local cuisine, drinks, and entertainment.

Speakers' Preparation Room

It will be open as follows to upload and check your presentations:

Monday 24 November	11:30am – 5:00pm
Tuesday 25 November	7:45am – 5:00pm
Wednesday 26 November	8:00am – 3:00pm

Speakers are required to submit and preview presentations prior to their session. If you have not previously emailed or uploaded your presentation, please deliver it as soon as possible to the Speakers Preparation Room where an audio-visual technician will be available to assist you. Presenters may run through their presentations in the Speakers Preparation Room during any of the above times.

Resource Centre

As part of your conference registration, you receive access to the 2025 STOP Domestic Violence Conference presentation recordings (excludes Workshops). This online library includes presentation slides and video recordings that can be watched on demand for 30 days. Your login details will be sent to you via email approximately five business days after the conference.

Accommodation

Accommodation accounts must be settled with the hotel on checkout. The Committee and/or Conference Secretariat are not responsible in any way for outstanding accommodation accounts.

Quiet Low Sensory space

In Norfolk Room, we offer a quiet and low sensory space for individuals who may find the conference overstimulating.

Key Contacts



Conference Manager

Julia Cutler
T: 0435 308 794
E: sdvc@anzmh.asn.au

Head of Partnerships

Carolyn Gowen
T: 0418 411 300
E: partner@anzmh.asn.au

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Next Chapter

In an emergency or if you're feeling unsafe, always call 000.

Want to Make the Most of Your Conference Experience?

Simply follow these easy steps:

1. Visit the App store on your Apple or Android device



2. Search 'The Event App by EventsAir' and download
3. Open and enter event code **SDVC25**
4. Your name badge has your login and pin!

App Features:

Stay up to date and connected during SDVC 2025.

PROGRAM Create your own personal schedule and view the latest program details.

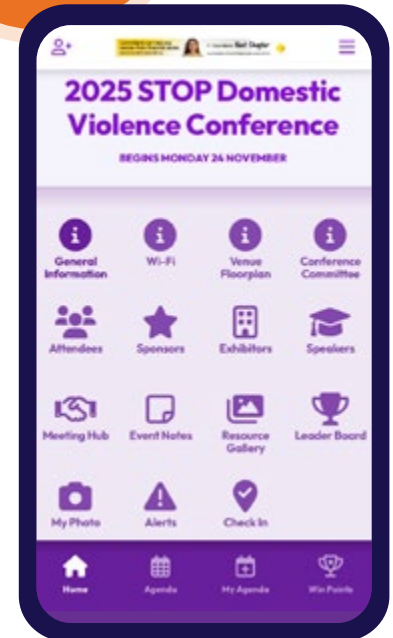
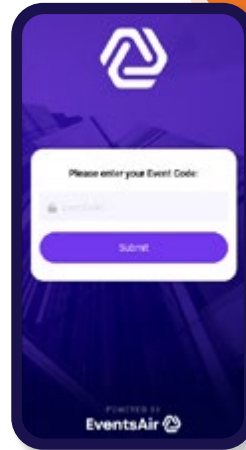
PRESENTERS Read presenter biographies and presentation overviews.

NETWORK Connect with fellow delegates and network via in-app messaging.

CONNECT View who has joined us as an exhibitor and sponsor.

GAMIFICATION Compete for prizes – it's fun and easy.

**DOWNLOAD
THE
CONFERENCE
APP!**



GIVE AWAY

ENTER TO WIN

We're giving away a number of exciting prizes at SDV25!

Simply use the conference app to scan the QR codes located throughout the conference venue or participate in Q&A and live polls in the keynote sessions.

HOW TO WIN

The top 3 scoring delegates will be eligible for the prize draw during the conference closing. Winners must be present in the closing session to claim their prizes otherwise the prize will be re-drawn.

Some examples of how points can be earned include:
Scan the QR codes at or on:

- Registration desk
- Exhibition booths
- Poster presentations
- Networking function
- Wellness Zone

Wellness and Social Program



Build Your Own Burger Networking

Unwind after a day of powerful sessions with a relaxed, casual networking event designed to connect you with fellow delegates. Enjoy a laid-back atmosphere at the beautiful Tees Clubhouse as you build your own gourmet burger and share conversation over dinner.

Whether you're looking to make new professional connections or catch up with familiar faces, this is the perfect opportunity to connect, collaborate, and refuel—your way.



Monday 24 November



6:00 PM – 7:00 PM



Tees Clubhouse, RACV Royal Pines Resort



\$38 per person



Networking Function

You're invited to join us for a vibrant conference networking event held in the heart of the exhibition space. Mingle with fellow delegates, connect with sponsors and exhibitors, and enjoy an evening filled with great conversations, live music, local cuisine and drinks.

This informal gathering is the perfect chance to unwind, strengthen industry connections, and celebrate the shared purpose that brings us together.



Tuesday 25 November



5:20 PM – 6:20 PM



Exhibition Area, RACV Royal Pines Resort



Free



Walk, Talk, Connect – Lunchtime Walks

Step away from the conference hustle and take a moment to relax, recharge, and connect. Join us for a short, guided walk across the beautiful grounds of the Gold Coast's RACV Royal Pines Resort. This light activity is a great way to enjoy some fresh air, sunshine, and meaningful conversation with fellow delegates.

Whether you're looking to meet new people or simply take a mindful break, you're welcome to join in. Conversation cards will be available if you'd like a prompt or just walk and talk freely at your own pace.

No bookings required, just turn up, walk, talk, and connect.



Tuesday 25 November at 1:15 PM

Wednesday 26 November at 12:45 PM



Meeting Point: Walk & Connect Stand, Exhibition Area



10–15 minutes



Free

Wellness and Social Program



Trauma Informed Yoga Classes by Mollie Cox, Owner of Jala Yoga

Morning Yoga is the perfect way to wake up the mind and body so you can start your day fresh!

Join Mollie Cox from Jala Yoga for this trauma-informed Yoga session which is suitable for all levels and body capabilities.

Jala Yoga, based on the Gold Coast, specialises in trauma-informed Yoga education, offering comprehensive resources online and in person. Led by experienced trauma-informed Yoga teacher/ therapist and Counsellor, Mollie Cox, Jala Yoga provides personalised 1-on-1 sessions, guiding individuals to reconnect with their bodies and understand their nervous systems through Yogic practices. Mollie collaborates with Allied Mental Health clinicians to integrate evidence-based, trauma-informed Yoga & meditation into their patients' treatment plans via referral. She has extensive experience with clients with complex mental health needs, neurodivergent populations and chronic health conditions. Jala Yoga also provides Yoga & Mindfulness based workshops & classes to those working in healthcare, with extensive experience in providing Yoga & Mindfulness education to First Responders, Emergency Department staff, Hospital Executives & CEO's.

Additionally, Jala Yoga conducts annual trauma-informed teacher trainings, equipping small groups to deliver Yoga in healthcare settings and to vulnerable populations. With a faculty of 11 Allied Health clinicians and Yoga Teachers/Therapists, Jala Yoga ensures the teacher training educates their trainee's on how to adapt Yoga for diverse physical and mental health conditions.

Everyone attending the conference is welcome to attend – bookings are essential as limited places are available.

 Tuesday 25 November 2025

 6:30 AM – 7:15 AM

 Podium Lawns, RACV Royal Pines Resort

 Free – Bookings essential, limited places available.

Please note: Yoga mat is provided, please bring your own water. Please arrive 5 minutes before commencement of the class to sign the waiver form.

Learn more about Jala Yoga at www.jalayoga.co



Wellness Zone

Join us in the Wellness Zone - a quiet place to catch your breath and a chance to prioritise your own mental wellbeing. Featuring comfy bean bags, water and fresh fruit to snack on, plus some arts and craft surprises. We hope you take a few minutes out of your day to enjoy this space and reflect on your conference experience.

 Monday 24 – Wednesday 26 November 2025

 During conference times

 RACV Royal Pines Resort

 Free

Wellness and Social Program



Breathwork Ceremony

Breathwork is a profound healing tool that uses a continuous connected breath to guide you into a deep inner journey. It helps you release emotions, access your intuition, and reconnect with your true self. In this space, breath becomes a sacred medicine—working beyond the physical body, through energy, past conditioning, and even ancestral patterns.

Continuous connected breathwork can be described as a form of meditation, where you enter an altered state of consciousness through intentional breathing. As you breathe in a rhythmic flow, your mind quiets, your nervous system regulates, and your body begins to release stored emotions and tension.

Some experience deep emotional release, others feel a profound sense of peace or clarity, and many receive insights or visions that guide them forward. Every journey is unique, but all are transformative.

Whether you're seeking emotional or energetic release, healing, clarity, or connection to your highest self, breathwork is a portal to your transformation.

What to Bring

Water bottle
Lip balm
Journal and pen

What to Wear

Comfortable, non-restrictive clothing
Dress in layers to stay warm and relaxed

Preparation Tips

Eat a light meal or snack beforehand—avoid arriving too full or too hungry
Arrive a few minutes early to settle in and prepare for a calm start

Meet the Facilitator

Jaci Rogash is a Certified Life Coach, Energy Coach & Breathwork Facilitator, who specialises in the trauma space. Through her coaching and breathwork practices, Jaci supports individuals to heal trauma, reconnect to their desires and transform into their truest self. Jaci operates from a trauma informed lense and has both lived and professional experience of Domestic Violence (working in this space for 14 years with Victoria Police, Monash University & her own business). She has extensive experience working with clients with PTSD, mental health, neurodivergence, and is registered as a psychosocial recovery coach with NDIS.

Facilitator: Jaci Rogash



Wednesday 26 November



7:00 AM – 8:00 AM



Podium Lawns, RACV Royal Pines Resort



\$22 per person

JOIN US AT THE ADDICTIONZ CONFERENCE 2026

Covering the A to Z of addiction, AddictionZ 2026 unites professionals across alcohol and other drugs, mental health, and behavioural health to reimagine treatment, recovery, and wellbeing.

Register now and save \$150 off of the Early Bird rate. Use the code SDV2025 to secure your discount.

** Offer valid until 15 April 2026*

Interested in partnering or exhibiting?
Contact – carolyne@anzmh.asn.au

anzmh.asn.au/AddictionZ



AddictionZ

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27–28 May 2026
RACV Royal Pines
Resort, Gold Coast

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delivery drives continuous improvement across our Federation and also informs a range of research projects and evidence-led training for professionals across the sector.

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Keynote Presenters



Gulnara Abbasova

Head of DFSV Prevention and Response, Settlement Services International (SSI)

Gulnara Abbasova is the Head of DFSV Prevention and Response at Settlement Services International. She brings over 20 years of experience in public policy and strategy across civil society, government and intergovernmental organisations. Gulnara previously led the national multicultural peak body, and established and led a national migrant and refugee women's alliance. Gulnara served on the advisory groups to develop The National Plan to End Violence against Women and Children 2022-2032, and The National Principles to Address Coercive Control in Domestic and Family Violence. She is a Board Director of NAATI (the National Accreditation Authority for Translators and Interpreters).

Equity in Safety: Improving Access, Experience and Outcomes for Migrant and Refugee Victim-Survivors of Domestic, Family and Sexual Violence

Monday November 24 • 2:00 PM - 2:30 PM



Katherine Berney

Executive Director, National Womens Safety Alliance

Katherine is the Executive Director of National Women's Safety Alliance, with a membership over of 750 individuals and organisations she is determined we will end violence against all identifying women, non binary people and children. NWSA under Katherine's leadership is a trusted government advisor, and has influenced major federal policy reforms in Domestic, Family and Sexual violence; There is nothing more important than making Australia a safer place for all who make their home here. 2023 Women's Agenda Emerging NFP leader award winner.

Panel - The Power of Queer: Learning from Queer Communities on Strength-Based Approaches to Sexual Violence Prevention and Responses

Monday November 24 • 1:00 PM - 2:00 PM



Dr Hayley Boxall

Research Fellow with the ANU

Dr Hayley Boxall is a leading domestic and family violence (DFV) researcher based at the Australian National University, with over 15 years' experience in the field. Their work has significantly advanced understanding of DFV desistance, offending trajectories, and intimate partner femicide. They have published extensively on the behaviours, risks, and system responses associated with DFV perpetration, shaping both policy and practice. Prior to joining ANU, Dr Boxall led the Violence against Women and Children Research Program at the Australian Institute of Criminology. Their research is widely recognised for driving evidence-based reform and prioritising the safety and voices of victim-survivors.

Can Intimate Partner Homicide be Prevented? Rethinking Risk, Pathways, and Service Responses in Australia

Tuesday November 25 • 3:50 PM - 4:15 PM



Lula Dembele

Good Shepherd ANZ

Lula is a skilled policy entrepreneur and advocate for women and victim survivors of childhood sexual abuse, childhood and adult domestic violence. Combining lived experience and professional expertise, Lula is dedicating her efforts to working on systemic and cultural change to reduce men's use of violence in intimate, domestic and family settings. Lula has led the call for a greater focus on ending perpetration of DFSV and been an integral part of undertaking the first study to Measure DFSV Perpetration in Australia. In her current role as General Manager Lived Experience and Co-Production at Good Shepherd Australia New Zealand, Lula is leading enterprise-wide change and work with partners to ensure the needs of women and children are central to product design, research, advocacy, and service delivery.

CommBank Next Chapter: Supporting Pathways to Financial Independence

Tuesday November 25 • 9:15 AM - 9:45 AM

Keynote Presenters



Dr Kerry Drysdale

Senior Research Fellow, Centre for Social Research in Health (CSRH), UNSW Sydney

Dr Kerry Drysdale (she/her) is a Senior Research Fellow at the Centre for Social Research in Health (CSRH), a specialist research centre

at UNSW Sydney. By conducting research with affected communities, she endeavours to bring a critical cultural lens to everyday lived experiences as they pertain to public health concerns, and to respond to health inequities and social determinants of health. In particular, Kerry's research tracks sex-based scenes for LGBTQ+ people, with a specific focus on the social norms and affects that give rise to innovative and intra-community forms of health promotion and harm reduction.

Panel - The Power of Queer: Learning from Queer Communities on Strength-Based Approaches to Sexual Violence Prevention and Responses

Monday November 24 • 1:00 PM - 2:00 PM



Jackson Fairchild

Consultant & Board Director, Working It Out and the LGBTQ+ Health Alliance

Jackson Fairchild (they/them) is a consultant and one of Australia's leading voices in gender-based violence prevention. They are also

a qualified counsellor and clinical supervisor with a background in service leadership, research translation, policy advocacy, governance, diversity and inclusion, and organisational change. Jackson has held senior roles at the Zoe Belle Gender Collective, Rainbow Health Australia, No To Violence and Thorne Harbour Health, and is a board director for Working It Out and the LGBTQ+ Health Alliance. For more on their work visit jacksonfairchild.com

Panel - The Power of Queer: Learning from Queer Communities on Strength-Based Approaches to Sexual Violence Prevention and Responses

Monday November 24 • 1:00 PM - 2:00 PM



Kate Fitz-Gibbon

Founder, Sequire Consulting

Kate Fitz-Gibbon is a Professor (Practice) in the Faculty of Business and Economics, Monash University. In 2024 Kate established Sequire Consulting, and is the principal consultant. Kate is an

internationally recognised researcher on violence against women and children. She has advised on homicide law reform and family violence reviews in Australia and internationally.

Can Intimate Partner Homicide be Prevented? Rethinking Risk, Pathways, and Service Responses in Australia

Tuesday November 25 • 3:50 PM - 4:15 PM



Dr Krista Fisher

Research Fellow, Movember Institute of Men's Health; Honorary Research Fellow, Centre of Youth Mental Health, University of Melbourne

Dr Krista Fisher is a Research Fellow at the Movember Institute

of Men's Health, where she leads a program of research examining how digital spaces - including social media, dating apps, pornography, AI, and gaming - influence young men's health, wellbeing, and relationships. Her work is driven by a commitment to improving young men's mental health, with a particular focus on understanding what types of masculinity content young men are exposed to online – and how it's shaping their beliefs, behaviours and masculine identities. A strong advocate for a whole-of-community approach to men's mental health, Krista's work aims to ensure that supporting young men benefits not just them – but everyone around them.

How to Reach, Recognise and Respond to Young Men Online - A Strength-Based Approach to Change Making

Tuesday November 25 • 4:15 PM - 4:45 PM



Sexual Violence
Response Training
Australia



MONASH
University

FREE TRAINING

IN SEXUAL VIOLENCE RESPONSE FOR HEALTHCARE WORKERS

Monash University's Department of Forensic Medicine delivers accredited training on recognising and responding appropriately to adult disclosures of sexual violence.



DELIVERED
ONLINE &
FACE-TO-FACE



REGISTER HERE



In-person sessions are delivered nationally in both metro and regional areas.

2026 Dates for both online and face-to-face intakes are listed on our website.

This program is funded by the Department of Social Services under the *National Plan to End Violence Against Women and Children 2022-2032*.

Keynote Presenters



Dr Jessica Ison

Senior Lecturer and the Deputy Director of the Reducing Gender-Based Violence Research Group, Violet Vines Marshman Centre for Rural Health Research in the La Trobe Rural Health School

Dr Jessica Ison (she/her) is a Senior Lecturer and the Deputy Director of the Reducing Gender-Based Violence Research Group, at the Violet Vines Marshman Centre for Rural Health Research in the La Trobe Rural Health School. Jess specialises in sexual violence prevention and is leading a body of research on "drink spiking" or alcohol and other drug-facilitated sexual violence. Ison's sexual violence research also includes a focus on LGBTQ+ sexual violence and safety on public transport and university campuses. She is currently Co-Lead of the Partners in Prevention of Sexual Violence project, which received \$7.45mil funding from the Federal Government to evaluate community-led primary and secondary prevention of sexual violence interventions.

Panel - The Power of Queer: Learning from Queer Communities on Strength-Based Approaches to Sexual Violence Prevention and Responses

Monday November 24 • 1:00 PM - 2:00 PM



Julie Kun

Director & CEO, Julie Kun Consultancy & Women with Disabilities Victoria

Julie Kun, works on the unceded lands of the Wurundjeri people of the Kulin Nation, is Director of Julie Kun Consultancy and Acting CEO of

Women with Disabilities Victoria. Julie's career focuses on intersectional, evidence-informed strategies to combat economic abuse and promote social justice by engaging the heart, mind, and hands to care, inform, and act. Julie supports organisations in building a gender-equitable society free from violence and oppression. Highlights include at the Australian Services Union leading the strategic campaign for the world's first family violence leave clause in an industrial agreement and supporting and developing evidence-informed victim-survivor centred economic abuse work. Former CEO of WIRE, Julie also is the Chair of Gender Equity Victoria

CommBank Next Chapter: Supporting Pathways to Financial Independence

Tuesday November 25 • 9:15 AM - 9:45 AM

Together, we
can **stop men**
using family
violence.

Operated by **No to Violence** the **Men's Referral Service** is here to partner with you to help end men's family violence.

Call for more information or to refer men using violence for **free, confidential, 24/7 advice and support.**

Keynote Presenters



Juliana Nkrumah

A/Head, Women and Gender Equity at Settlement Services International

Juliana is the Manager, Gender Equality and Women's Safety at Settlement Services International.

Her work experience in gender equality and Women's Human

Rights spans over 30 years including experience with CSO activism at the national, regional and global levels. She has a deep commitment to Refugee and Migrant women's empowerment; especially providing access for migrant and refugee women to relevant spaces for expression of their voices; leading to the founding of African Women Australia. Juliana led Australia's response to the practice of Female Genital Mutilation (FGM) and continues to conduct training around this from a Human Rights angle.

Juliana's contribution to Multicultural Australia includes membership of the Eminent Group to review the Australian Citizenship Test, advisory committees membership in several multicultural agencies including FECCA, and the Regional Advisory Council of Multicultural NSW and the NSW Police Force's Police Multicultural Advisory Committee (PMAC). Juliana has sat on several Boards including the Board of the Australian National Committee on Refugee Women (ANCORW), YWCA NSW and YWCA Australia and currently, Sydney Women's Foundation. Juliana is the winner of the 2023 Human Rights Medal.

Juliana is a passionate and persuasive public speaker and excellent trainer and facilitator who leaves audiences inspired to action.

Panel - The Power of Queer: Learning from Queer Communities on Strength-Based Approaches to Sexual Violence Prevention and Responses

Monday November 24 • 1:00 PM - 2:00 PM



Conor Pall

Deputy Chair, Child-Rights and Systems Change Advocate

Conor Pall is a nationally recognised advocate, author, and emerging social work professional whose journey from victim-survivor to systems reformer is reshaping the

way Australia listens to and supports children and young people. As Deputy Chair of the Victim Survivors' Advisory Council, Conor brings lived expertise to the forefront of policy and practice, driving survivor-led change with courage and conviction. Conor is also the author of *The Shadow that Follows* - a children's book designed to support conversations about trauma, hope, and healing. His work is a powerful reminder that no child should ever be left to navigate the shadow of violence alone.

We Say They Matter. But Do We Hear and Act with Them?

Wednesday November 26 • 1:20 PM - 1:50 PM



Mx Jade Parker

Acting Manager - Sexual, Domestic, and Family Violence at ACON

Jade (they/they) is the Acting Manager - Sexual, Domestic, and Family Violence at ACON. They are a proud non binary queer person with lived experience of SDFV. Jade

supports a team of 6 who provide health promotion on SDFV to LGBTQ+ people across NSW. Jade holds a Bachelor of Social Science (Criminology) First Class and Deans Merit List Honours Degree. They are also a researcher with experience in the areas of help-seeking for LGBTQ+ victim survivors of intimate partner violence regionally, LGBTQ+ experiences and perceptions of sexual violence, trans peoples experiences on Instagram and trans health needs in NSW.

Panel - The Power of Queer: Learning from Queer Communities on Strength-Based Approaches to Sexual Violence Prevention and Responses

Monday November 24 • 1:00 PM - 2:00 PM

Keynote Presenters



Erin Price

General Manager National Family Violence & Recovery Platform

National Family Violence & Recovery Platform for Good Shepherd Australia New Zealand

Erin Price is the General Manager National Family Violence &

Recovery Platform for Good Shepherd Australia New Zealand. Erin is a values-driven leader with extensive experience in the family violence and broader community services sector. With a strong foundation in the specialist family violence field, she has spent the majority of her career leading teams and services dedicated to supporting victim-survivors, while also contributing her leadership across diverse social service areas including housing and homelessness, youth services, Out of Home Care, disability, and training and education. In 2016, Erin was awarded a Fellowship through the International Specialised Skills Institute, enabling her to undertake international research into best practice social enterprise models and trauma-informed approaches to care.

CommBank Next Chapter: Supporting Pathways to Financial Independence

Tuesday November 25 • 9:15 AM - 9:45 AM



Professor Michael Salter

Director of the Childlight East Asia and Pacific Hub

Professor Michael Salter is the Director of the East Asia and Pacific Hub of Childlight, based in the School of Social Sciences at the University of New South

Wales, Australia. Childlight is a global child safety institute dedicated to research for impact on child sexual exploitation and abuse. Professor Salter is the Chairperson of the Grace Tame Foundation, dedicated to the prevention of child sexual abuse, and a past president of the International Society for the Study of Trauma and Dissociation, the premier global organisation for the study and treatment of complex trauma.

Breaking Down the Silos: Responding to Co-Occurring Domestic Violence and Child Sexual Abuse

Wednesday November 26 • 1:50 PM - 2:50 PM



Starlady

Starlady (she/her) is a queer trans woman/feminine person living on Dja Dja Wurrung country and is the Director at the Zoe Belle Gender Collective, a Victorian based trans and gender diverse advocacy organisation. She is a

passionate about social justice, healthy relationships, sex & consent, and the prevention of gender-based violence. Starlady is the lead author and campaign director of www.transfemme.com.au, a campaign and website promoting healthier relationships between trans women and cis men.

Transfemme: Addressing Men's Violence Against Trans Women and Trans Feminine People

Tuesday November 25 • 9:50 AM - 10:20 AM

Keynote Presenters



Vanessa Turnbull Roberts
Human Rights Lawyer, Author,
Advocate, Survivor and Writer

Vanessa Turnbull-Roberts is a Human Rights lawyer, writer, storyteller, and survivor of the Family Policing System (commonly known as the foster 'care' system)

in Australia, from which she was forcibly removed at the age of 10. She is a passionate advocate driving national discourse on human rights, children's rights, and justice for Indigenous peoples. After escaping the child protection system at 18, Vanessa pursued studies in law and social work at the University of New South Wales, motivated by the disproportionate impact of the legal and welfare systems on her community and herself. Her dedication to human rights advocacy earned her the Australian Human Rights Medal, awarded by the Australian Human Rights Commission. Her acceptance speech gained global recognition and highlighted her ongoing work in advancing human rights both nationally and internationally. Vanessa is also a Fulbright Scholar, furthering Australia's national and international efforts in Indigenous rights and the welfare of children and young people. She has established significant national relationships in the human rights field and is a recognised leader, speaker and commentator in Australia and worldwide. Currently, Vanessa is completing her PhD at the University of Technology, focusing her research on decolonising child protection systems for First Nations peoples. As an author, Vanessa has contributed to various national and international publications. Her debut novel, *Long Yarn Short: We Are Still Here*, honours the children who never returned home, those yet to come, and those who were never seen. The blockbuster memoir from one of the most powerful voices of a generation. From surviving out-of-home care to becoming a human rights lawyer, Vanessa shares her incredible story in a bid to drive positive change for First Nations youth, addressing domestic, family and sexual violence, and calls on active change for the whole country. Vanessa's critical perspective on the criminal justice and family policing / child removal systems and domestic, family and sexual violence areas is essential to promoting self-determination and healing for First Nations lives. In 2022, she was appointed as the inaugural Commissioner for Aboriginal and Torres Strait Islander Children and Young People. Vanessa continues to serve her community with a commitment that comes from a foundation of deep love and connection.

Keynote Presentation

Tuesday November 25 • 8:40 AM - 9:10 AM



Ben Vasiliou
CEO, The Man Cave

Ben Vasiliou is a social entrepreneur and the proud CEO of The Man Cave, Australia's leading preventative mental health charity for teenage boys and young men. Ben is a social justice advocate with deep lived

experience climbing out of poverty to become a seasoned CEO. He has held a number of non-executive director board positions with Australian charities and is a Justice of the Peace. Ben graduated from the Executive Education in Social Entrepreneurship Program at Stanford University. Most importantly, Ben has an insatiable appetite to change the world.

Prevention - Why Boys Need Us Now More Than Ever

Tuesday November 25 • 4:15 PM - 4:45 PM



Caroline Wall
Head Of Customer Vulnerability,
Commonwealth Bank

Caroline Wall is the Head of Customer Vulnerability at CBA, where she leads pioneering work to protect customers from financial abuse and technology-

facilitated harm. She spearheads CBA's response to abuse in transaction descriptions, implementing artificial intelligence and machine learning to detect abusive behaviour and support impacted customers. She is a driving force behind embedding Safety by Design principles into CBA's banking systems, ensuring products and services are flexible, secure, and cannot be weaponised to cause harm. With a strong focus on safe service design, Caroline collaborates across teams to embed vulnerability awareness into policy, product, training, and frontline practices. The work that she leads supports CBA's Next Chapter program, which supports people across Australia who have been impacted by financial abuse.

CommBank Next Chapter: Supporting Pathways to Financial Independence

Tuesday November 25 • 9:15 AM - 9:45 AM

Primary Care Response to Domestic, Family and Sexual Violence



Primary Health Networks (PHNs) are independent, not-for-profit organisations funded by the Australian Government's Department of Health, Disability and Ageing to strengthen and coordinate primary health care in their region, by commissioning local social and health care services.

We have been thinking deeply about our role in the national response to violence against women and children.

We are committed to writing a new chapter in this story.

Recognising domestic, family, and sexual violence (DFSV) as a public health issue, selected PHNs, including Australian Capital Territory PHN ([ACT PHN](#)), Central and Eastern Sydney PHN ([CESPHN](#)), Hunter New England and Central Coast PHN ([HNECCPHN](#)), and Nepean Blue Mountains PHN ([NBMPHN](#)), are piloting integrated models that embed DFSV support into primary care.

Ending violence within a generation requires a whole-of-community response.

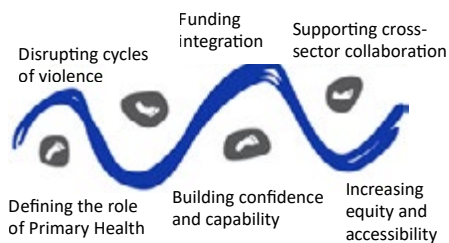
PHNs are uniquely positioned to contribute to all four pillars of the National Plan to End Violence Against Women and Children, by commissioning tailored, place-based solutions, and implementing primary care initiatives that respond to the needs of individuals recovering from violence, while providing community-based responses.

Key PHN DFSV initiatives

- Upskilling the primary health workforce to recognise and respond to violence.
- Embedding DFSV specialists into general practice.
- Integrating GPs, nurses, and allied health professionals into frontline DFSV services.
- Supporting transitions from crisis into long-term recovery.

By recognising DFSV as a public health issue, we shift the focus from individual responsibility to collective action, prevention, and system reform.

We want people to feel cared for throughout their help-seeking and healing journey.



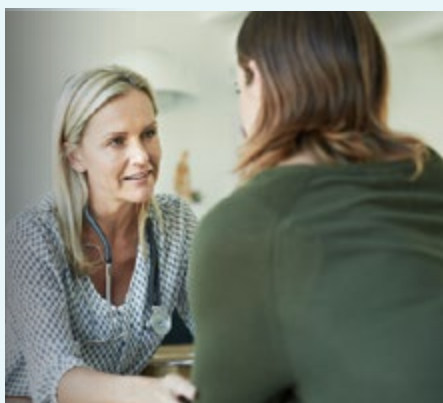
We have been hard at work enabling the writing of new stories...

As system integrators, PHNs play a key role in ensuring that the health system walks alongside the DFSV sector, enabling continuity, compassion, and care.

PHNs are demonstrating that primary care can be both a place of safety and a driver of reform. Through commissioning, integration, and innovation, PHNs are shaping a new chapter in Australia's response to violence against women and children—one where health plays a central role in prevention, early intervention, crisis response, and recovery.

PHNs are investing directly in frontline DFSV services to deliver these pilots, empowering trusted, community-based organisations to provide culturally safe, and trauma-informed care.

Testimonials – PHN DFSV Pilot



“For anyone experiencing domestic violence, talk to your GP and they will refer you to a DFV worker. The worker rang me straight away and helped me get all my ducks in a row, so I was able to leave safely at my own pace.”
– DFV victim-survivor

“This pilot is reaching people who would not usually come to the attention of frontline specialist services. It's important work because it allows us to connect with different demographics who, in the past, may only have been able to get help through a medical professional.”
– DFV Worker

TURNING THE TIDE:

Supporting survivors and shaping change



WORKING TOGETHER FOR A SAFER FUTURE

Behind every statistic is a survivor seeking safety, dignity and a chance to rebuild. Supporting them requires compassion, collaboration and systemic change.

Family violence remains one of the most significant issues before the courts, with the Federal Circuit & Family Court of Australia reporting that around 80% of all matters raise at least one major risk factor. This reality underscores the urgent need for coordinated, trauma-informed responses. Our approach is:



Collaborative: working hand-in-hand with agencies and support organisations to ensure survivors have access to holistic care.



Trauma-informed: recognising the profound impact of family violence and responding with empathy and sensitivity.



Practical: guiding clients through the legal system to secure safety and long-term stability.



OUR ROLE – HOW WE CAN HELP

Our Family & Relationship Law team partners with psychologists, advocates, frontline workers and community organisations to support survivors of family violence. We provide expertise across the full spectrum of family law matters, including:



Parenting arrangements.



Child support.



Child abduction.



Family violence orders: the name of these orders differs across states and territories - they may be called intervention orders, domestic violence orders, or family violence restraining orders.

Turning the tide on family violence requires both compassion and action. For 8 years, we have proudly sponsored the STOP Domestic Violence Conference, standing alongside those who dedicate their work to supporting survivors and shaping change.

If you have concerns about someone you are supporting, or need guidance in relation to family law matters, please contact us. We offer a complimentary 30-minute consultation (by phone or Teams/Zoom) to help you explore options and pathways.



CALL FOR A COMPLIMENTARY DISCUSSION

Monica Blizzard - Director
T: (03) 9663 9877
E: adminfamily@khq.com.au

www.khq.com.au

COMPETITION

GET SOCIAL WITH US!

Use **#SDVC25** in your social media posts to showcase your favourite moments of the conference and you'll enter the draw to win one of two prizes:

1. In-person registration to the 2026 STOP Domestic Violence Conference
- OR
2. In-person registration to any 2026 ANZMHA conference!



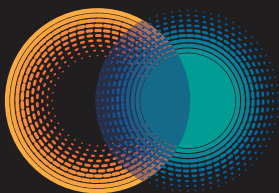
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Gender and Disaster Australia

Disasters can increase the risk of family violence – together we can change the outcome.

Gender and Disaster Australia (GADAus) is the national expert body working at the intersection of gender and disaster.

Our research shows that disasters heighten the risk of family and domestic violence, and that gendered dynamics shape risks, experiences of disaster, and recovery.

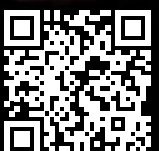
We work with emergency management agencies, domestic and family violence organisations, frontline responders, and communities to embed gender-informed practice across disaster preparedness, response, and recovery.

Through our Lessons in Disaster training – delivered to thousands nationwide – we equip organisations, practitioners and individuals with the skills to recognise and respond to the complex ways disaster and violence intersect.

We value the expertise of domestic and family violence practitioners in helping us to understand what is happening on the frontline of disaster. We invite you to connect with us, to share your insights, and to enrol in our Lessons in Disaster training, so we can collectively improve outcomes for individuals and communities.

Contact Us:
m.osborne@gadaustralia.com.au

Scan the QR code to learn more about
Gender and Disaster Australia





11:30 AM - 12:30 PM	Registration - Royal Benowa Foyer Welcome! Come and say hello to the Conference Team and collect your Name Badge!		
	Keynote Session One – Prince Room		
12:30 PM - 12:40 PM	Acknowledge and Welcome: The Land We Gather On To start the conference, we acknowledge the Yugambah people, Traditional Custodians of the land, through a Welcome to Country ceremony by the Jellurgal Aboriginal Cultural Centre		
12:40 PM - 1:00 PM	Official Welcome and Housekeeping Join us as we officially open SDVC2025 and set the stage for an impactful conference. Conference Co-Chairs Katherine Berney, Executive Director, National Women's Safety Alliance & Juliana Nkrumah, Manager, Gender Equality and Women's Safety SSI		
1:00 PM - 2:00 PM	Panel - The Power of Queer: Learning from Queer Communities on Strength-Based Approaches to Sexual Violence Prevention and Responses Moderators: Katherine Berney and Juliana Nkrumah Panellists: Jackson Fairchild, Consultant & Board Director, Working It Out & LGBTIQ+ Health Alliance Jade Parker, Acting Manager, Sexual, Domestic, Family Violence Dr Jessica Ison, Senior Lecturer & Deputy Director, Reducing Gender-Based Violence Research Group & Violet Vines Marshman Centre for Rural Health Research Dr Kerry Drysdale, Senior Research Fellow, Centre for Social Research in Health (CSRH)		
2:00 PM - 2:30 PM	Equity in Safety: Improving Access, Experience and Outcomes for Migrant and Refugee Victim-Survivors of Domestic, Family and Sexual Violence Gulnara Abbasova, Head of Domestic and Family Violence Prevention and Response, SSI		
2:30 PM - 3:00 PM	Join Us For Afternoon Tea with Our Poster Presenters (refer to pages 23 & 24)		
	Workshop 1 Prince Room	Workshop 2 Monarch Room	Workshop 3 Jacaranda Room
3:00 PM - 4:00 PM	Unsafe by Design: How Technology Escalates Coercive Control and Digital Abuse in Family Violence Sarah Barnbrook, Away From Keyboard Inc	Healing Through Attachment: Working With Adolescent-to-Mother Violence with a History of DV Dave Burck, Courage Training and Consulting	What They Don't Tell You: Coercive Control, Systemic Trauma & Survivor-Led Pathways to Justice Alyson Richelle
4:00 PM - 4:10 PM	Bathroom & Stretch Break		
	Workshop 4 Prince Room	Workshop 5 Monarch Room	Workshop 6 Jacaranda Room
4:10 PM - 5:10 PM	Unlearning Myths About Coercive Control: A Survivor's Perspective Adam Joel, Aggressively Compassionate Llc	Affirming Safety: Building Inclusive Therapeutic Frameworks for LGBTIQ+ Victim-Survivors of Family Violence Carolyn Self & Alina Thomas, Engender Equality	Shame: We Need To Talk. Working With Shame Without Shaming The Person Or Family Michael Derby, Sexual Assault And Family Violence Centre
6:00 PM - 7:00 PM	Build Your Own Burger - Dinner & Networking at Tees' Clubhouse Tickets required. Pre-purchase now to avoid missing out.		



SDVC25 Program Updates

Please refer to the website and mobile app for the most up to date version of the program and to read overviews of each session.



2:30 PM - 3:00 PM		POSTER PRESENTATIONS
1	Raia Abdul-Azeez, Full Stop Australia	Social Responder Project: Utilising a Partnerships Approach to Centre Community Experiences in Developing Education Initiatives
2	Juliana Adeyemi, Community Restorative Centre	Supporting Women Impacted by the Criminal Legal System and Domestic Violence
3	Farah Assafiri, South West Sydney WDVCS	From Wounds to Wisdom: Co-Designing Trauma-Informed Systems With Survivors at the Centre
4	Kristy Berryman, MELI	Engaging Young Men in Family Violence Behaviour Change
5	Kristy Berryman, MELI	Strengthening System Responses to High-Risk Family Violence: Key Learnings From MELI's Changing Ways Programme
6	Meaghan Bradshaw, Women's Legal Service Australia	The Hidden Victims: Animals in the Family Violence and Family Law Systems
7	Ann Carrington, James Cook University	The Vortex of Violence (With EMDR): A Trauma-Informed Approach, Breaking Trauma Bonds, Empowering Survivors
8	Hazel Coote	Are You Afraid of What I Might Do? Post-Separation Coercive Control and Systemic Abuse
9	Kate Crowley-Smith, Broken To Brilliant	Financial Superwomen Programme: Empowering Domestic Violence Survivors Through Financial Independence
10	Kate Crowley-Smith, Broken To Brilliant	Broken to Brilliant – Turning the Tide on Long-Term Recovery, Centring Survivors' Voices in Service Design
11	Shweta Dakin, Genwest	Culturally Safe Prevention: Mobilising Community Leaders to Support Survivors and End Violence
12	Deinera Exner-Cortens, University of Calgary	Creating Change: An Exploratory Study of the WiseGuyz Programme With Justice-Involved Boys
13	Deinera Exner-Cortens, University of Calgary	Law and Policy for Teen Dating Violence Prevention in Canada: A National Review
14	Deinera Exner-Cortens, University of Calgary	Caregiver Responses When a Child Experiences Dating Violence: New Data From a Canadian Sample
15	Lauren Hart, NT Health	Supporting Survivors: A Remote Australian ED's Grassroots Response to Family Violence
16	Rosemarie Johnson, School of Health, University of the Sunshine Coast	Thriving Pathways: Investigating Domestic Violence
17	Natasha Kelley, Peninsula Lighthouse Limited	Using Safe & Together and Peninsula Models to Optimise Resource Efficiency in Your Agency
18	Ghaith Krayem, Hikmah Consulting	Reconfiguring Gravity: A Spatial Lens on Power and the Prevention of Violence
19	Bianca Lambert and Sarah Makeham, Pilbara Community Legal Service	Love Shouldn't Hurt: A Primary Prevention Education Program from a Legal and Social Work Perspective
20	Sharon Le Fort, Le Fort Consultancy Service	Unravelling the Silence: The Lifelong Impact of Childhood Domestic Violence
21	Jaclyn Marquis MX, HEULDINS	Consent to Connect – Interactive Workshop Framework. Building the Bridge to the Missing Need
22	Salome Mbenjele, Moonlight Health and Wellbeing Services and Maria Allen, Path to Clarity	Safer Together: Strengthening Community Engagement and Multi-Agency Collaboration When Working With People From CALD Backgrounds



2:30 PM - 3:00 PM		POSTER PRESENTATIONS
23	Kiara Minto, UQ Poche Centre for Indigenous Health	Modelling Domestic Violence: Applicability and Appropriateness for an Educational Resource for Young Aboriginal People
24	Amber Oest, Women's & Children's Health Network	From Isolation to Integration: Enhancing Safety Through Information Sharing: South Australia's Multi-Agency Protection Service
25	Kahira Olley MNZM	UnSilenced
26	Kahira Olley MNZM, Save Our Babies Charitable Trust	UnSilenced
27	Liana Papoutsis, Liana Papoutsis & Associates	Cultural Competency: Why an Intersectional Lens Is Paramount for Ethical and Best Practice
28	Kate Stewart, True North Social Work	Bias Heavy Systems: Addressing Relational Trauma Upon Rejected Parents From the Lens of Rural Australia
29	Barbara K. Trojanowska, Our Watch	Prevention Infrastructure as a Foundation for a Sustained Approach to Ending Gender-Based Violence
30	Jackie Wruck, Safe and Together Institute – Australia	How Safe & Together Works to Elevate the Voices of the LGBTQIA+ Survivors
31	Jackie Wruck, Safe and Together Institute – Australia	Safe & Together: Identifying the Intersections of Domestic Violence, Substance Use, Mental Health, and Child Protection

NOTES & KEY
LEARNINGS

Things I don't want
to forget...



6:30 AM - 7:15 AM	Trauma-Informed Yoga Classes - Podium Lawns			
8:00 AM - 8:30 AM	Registration - Royal Benowa Foyer			
	Keynote Session Two - Prince Room			
8:30 AM - 8:40 AM	Welcome Back Join us as we start day two with a warm welcome from Conference Co-Chair's			
8:40 AM - 9:10 AM	Keynote Presentation Vanessa Turnbull-Roberts, Human Rights Lawyer, Author, Advocate, Survivor and Writer			
9:15 AM - 9:45 AM	CommBank Next Chapter: Supporting Pathways to Financial Independence Moderator: Caroline Wall, Head of Customer Vulnerability, Commonwealth Bank Panelists: Julie Kun, Director of Julie Kun Consultancy and Acting CEO of Women with Disabilities Victoria Erin Price, General Manager National Family Violence & Recovery Platform for Good Shepherd ANZ Lula Dembele, Good Shepherd ANZ			
9:50 AM - 10:20 AM	Transfemme: Addressing Men's Violence Against Trans Women and Trans Feminine People Starlady, ZBGC Director, Zoe Belle Gender Collective			
10:20 AM - 10:30 AM	Wrap Up and Audience Wellness Check			
10:30 AM - 11:00 AM	Morning Tea with Exhibitors			
	Prince Room	Monarch Room	Jacaranda Room	Karrie Webb Room
	Spotlighting Trauma: Survivor Led and Trauma-Informed Approaches Chair: Michael Derby	Support for Families Affected by Domestic and Intimate Partner Violence Chair: Assunta Morrone	Empowering Every Survivor: Strengthening Responses for Our Most Vulnerable Chair: Juliana Adeyemi	Breaking the Cycle: Working with People who use Violence Chair: Julianna Marshall
11:00 AM - 11:20 AM	Peer-Led Healing: Embedding Lived Experience in the ROAR Family Violence Recovery Program Kristy Berryman, Meli	Increasing Support To Children, Young People And Families Impacted By Domestic And Family Violence Homicide Tara Hunter, Full Stop Australia & Kylie Druett, Australian Voices for the Silenced	Build from the Rubble: A New Model for Survivor Identity After Violence Amanda Anderson, L'occitane	Turning the Tide: Sussex Street Legal Services as a National Case Study in Shaping Change Joharna Anne Wynaden, Teresa Joslin, Sussex Street Community Law Service
11:25 AM - 11:45 AM	Supporting LGBTQA+ Victim-Survivors Of Sexual Violence Hamish Whelan, Acon	Losing A Loved One To Intimate Partner Homicide: Giving Voice To Co-Victims Li Eriksson, Griffith University	Disability, Intersectionality & Domestic Violence Sharon Granek, Safe Steps	Talk4Change: The Future Of Working With People Using Family Violence Tony Johannsen, Family Life
11:50 AM - 12:10 PM	RESTORE: Turn The Tide On Healing, From Isolation And Trauma To Connection, Growth And Empowerment Kate Crowley-Smith, Broken To Brilliant	Can We End VAW in One Generation? Implementing a Gender Transformative Community Saturation Model Lea Nunn, Real Success Pty Ltd & Danielle Habib, CatholicCare	Service Provider Perspectives of Loneliness and Connection in the Journey Through Domestic and Family Violence Leah Sharman, University Of Queensland	Evaluation Of A Promising Intervention For AFV: The Step Up: Building Healthy Relationships Program Alex Bruiner, Meli



	Prince Room	Monarch Room	Jacaranda Room	Karrie Webb Room
	Spotlighting Trauma: Survivor Led and Trauma-Informed Approaches Chair: Michael Derby	Support for Families Affected by Domestic and Intimate Partner Violence Chair: Assunta Morrone	Empowering Every Survivor: Strengthening Responses for Our Most Vulnerable Chair: Juliana Adeyemi	Breaking the Cycle: Working with People who use Violence Chair: Julianna Marshall
12:15 PM - 12:35 PM	Rebuilding Strength: Trauma-Informed Strength Training as a Recovery Pathway for IPV Survivors Erin Kelly, University Of Canberra	What About Pets? Impacts and Recommendations in Domestic Violence Situations Jasmine Montgomery, James Cook University	Reshaping Survivor Support: Why We Need A Triple-Track Approach To Support LGBTIAQ+ Domestic Abuse Survivors Ali Khan, Australian Churchill Fellow	Developing Interventions for Men Who Use Violence and Have Experienced Childhood Trauma: What Do We Know – the Example of Men Who Were Sexually Abused in Childhood Patrick O’Leary, Griffith University
12:35 PM - 12:45 PM	Session Chair Insights and Reflections			
12:45 PM - 1:35 PM	Lunch With Exhibitors			
	Open Topic Chair: Juliana Nkrumah	Safer Together: Strengthening Community Engagement and Multi-agency Collaboration Chair: Patrick O’Leary	Ensuring Early Intervention to Prevent Domestic Abuse Chair: Ged Moriarty	Ensuring Early Intervention to Prevent Domestic Abuse Chair: Assunta Morrone
1:35 PM - 2:05 PM	Substance Use Coercion - Not What You Look At But What You See Karla Reardon, Aspiration Counselling and Consultancy	Building Dental Workforce Capability and Best Practice: Collaboratively Developed Domestic and Sexual Violence Training Resources Ann Carrington, Be Conscious	Universal Settings: Can A Kindergarten Be A Site Of Earlier Intervention Into Family Violence? Ask ChatGPT Mandy Baxter, Meli Kindergarten Services	Safe & Together: Mapping Perpetrator Behaviour Patterns to uncover Coercive Control Jackie Wruck, Safe And Together Institute - Australia
2:10 PM - 2:40 PM	PANEL Barriers to Safety: First Nations Women’s Engagements with the Family Law System Moderator: Rebecca Digny, Tasmanian Aboriginal Centre, Panelists: Stephanie Monck, Women’s Legal Service WA, Vanessa Graf, Mulleun Mura, Women’s Legal Centre ACT, Serrina Kenny, First Nations Women’s Legal Services Qld Inc	The Reducing Intergenerational Violence (RIV) Project Rebecca O’Reilly & Maria Losurdo, ACU	Unifying Community Efforts To Reach Zero DfV: Lessons From Australia’s First Pilot Kirrily Dear, Click Collab	Weaponising the Home: How Economic Abuse and Family Violence Fuel Mortgage Stress Yvonne Montfort, Mortgage Stress Victoria
2:45 PM - 3:15 PM		Locally Led, Prevention Focused: Preventing Gender-Based Violence in Rural and Small Towns Professor Lana Wells, University Of Calgary	Supporting our Health Workforce for a Better Response to Non-fatal Strangulation and Suffocation Rebecca Webster, Shine - Presbyterian Support Northern	Enabling Recovery And Rebuilding After Domestic And Family Violence Jo Mason, Workhaven Pty Ltd
	Session Chair Insights and Reflections			
3:15 PM - 3:45 PM	Afternoon Tea With Exhibitors			



	Keynote Session Three - Prince Room
3:45 PM - 3:50 PM	Afternoon Welcome and Audience Wellness Check
3:50 PM - 4:15 PM	Can Intimate Partner Homicide be Prevented? Rethinking Risk, Pathways, and Service Responses in Australia Kate Fitz-Gibbon, Founder, Sequire Consulting & Hayley Boxall, Research Fellow, ANU
4:15 PM - 4:45 PM	Prevention - Why Boys Need Us Now More Than Ever Ben Vasiliou, CEO, The Man Cave
4:45 PM - 5:15 PM	How to Reach, Recognise and Respond to Young Men Online - A Strength-Based Approach to Change Making Krista Fisher, Research Fellow, Movember Institute of Men's Health & Honorary Research Fellow, Centre of Youth Mental Health, University of Melbourne
5:15 PM - 5:20 PM	Wrap Up and Audience Wellness Check
5:20 PM - 6:20 PM	Networking Function - Royal Benowa Foyer You're invited to join us at our conference networking event, amongst the exhibitors at the conference venue. Join us for an evening of great conversations, live music, local cuisine, drinks, and entertainment. This is the perfect opportunity to catch up with friends, industry peers, sponsors, and exhibitors.

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7:00 AM - 8:00 AM	Breathwork Ceremony - Podium Lawns Begin your day with a deeply restorative Breathwork Ceremony—a guided experience designed to support emotional regulation, energetic release, and inner connection. Purchase tickets at the registration desk.			
8:00 AM - 8:30 AM	Registration			
	Prince Room	Monarch Room	Jacaranda Room	Karrie Webb Room
	Safer Together: Strengthening Community Engagement And Multi-Agency Collaboration Chair: Sarah Barnbrook	Navigating Harm: Young Lives, Legal Systems and Digital Power Chair: Carolyn Jones	Shaping the Future: Legislative and Policy Innovations to Combat Domestic Violence Chair: Sharon Granek	Rethinking Safety and Connection: Gender, Culture and Systems Change Chair: Maria Zappala
8:30 AM - 8:50 AM	The Beyond DV Recovery Pillars Framework: Supporting Victim-Survivors Of Domestic, Family And Sexual Violence Lata Satyen, Deakin University	Social Isolation, Loneliness and Young People impacted by Domestic and Family Violence Catherine Mann, The University Of Queensland	DFV Counselling and the Impact on Practice of the Criminalisation of Coercive Control in Queensland Angela Lynch, DV-alert and QSAN	Where Are The Opportunities To Improve Men's Relationships? Learnings From The Relationship Indicators Survey Briohny Kennedy & Dr Glenn Althor, Relationships Australia
8:55 AM - 9:15 AM	Outcomes Of A Pilot Integrated Clinic For DFV Survivors In The Northern Sydney LHD Shamini Ramoo, Parvan Nslhd	Financial Safety Is A Vital Part of Recovery and Empowerment for People Impacted by Family Violence Chris Siemers, AFCA	Text Mining Domestic Violence Police Narratives Among Adult Male Victims In Non-Intimate Relationships Georgios Karystianis, UNSW	The Role Of Gender In Non-Binary People's Experiences Of Domestic And Family Violence Shannon Harvey, UNSW Sydney
9:20 AM - 9:40 AM	A Systems Thinking Approach to Understanding Technology-facilitated Coercive Control Nicole Liddell, University of the Sunshine Coast	"Build Yourself Back Up Again" Young Women's Resistance, Recovery And Healing From Intimate Partner Violence Bianca Johnston, Monash University	Establishing The Family Domestic And Sexual Violence Integrated Data System (FDSV IDS) Arianne Schlumpp, Australian Institute Of Health And Welfare	Advancing Culturally Responsive Domestic, Family and Sexual Violence Responses: The Adira Centre Model Gulnara Abbasova & Kavitha Vijayaraj, SSI
9:45 AM - 10:05 AM	A Whole of Community Response – Walking Alongside the DFSV Sector: The Role of PHNs in Responding to Domestic, Family, and Sexual Violence Shannon Richardson, HNECC PHN	"There Is A Very Thin Line": Young People's Perceptions Of Technology-Facilitated Coercive Control María Atiénzar-Prieto, Griffith University	Safety First: Interpreting Family Violence Under the 2024–2025 Reforms Monica Blizzard, KHQ Lawyers	From Victim to Voice: How Lived Experience Can Reshape the System Louise Smith, Miracle Mums Movement Inc.
Session Chair Insights and Reflections				
10:05 AM - 10:35 AM	Morning Tea With Exhibitors			



	Prince Room	Monarch Room	Jacaranda Room	Karrie Webb Room
	Ensuring Early Intervention to Prevent Domestic Abuse Chair: Tony Johannsen	Engaging Men and Boys to Disrupt Violence: Challenging Stereotypes and Creating Change Chair: Ged Moriarty	Empowering Every Survivor: Strengthening Responses for Our Most Vulnerable Chair: Rebecca Webster	Spotlighting Trauma: Survivor Led and Trauma-Informed Approaches Chair: Julianna Marshall
10:35 AM - 11:05 AM	Bridging Health and Safety: Addressing Critical Gaps in DFSV Response Across South Australian Regional LHNs Meg Gulbin & Natasha Harvey, SA Health	The WiseGuyz Program for Adolescent Boys: Evidence of Effectiveness for Preventing Teen Dating Violence Deinera Exner-Cortens, University Of Calgary	The Complexities of Planning for Domestic Family Violence Before, During and After an Emergency Andrew Williams, Charles Sturt University	What Safety Feels Like: A Survivor's Journey Through Fragmented Systems Kellie McGlynn, Deakin University
11:10 AM - 11:40 AM	An Examination of Institutional Responses to Sexual Harassment and Misogyny within the Australian Educational Context Rochelle Banks, Griffith University	Panel - Changing Systems: Policy And Practice To Address Socially Dominant Masculinities And Prevent Gender-Based Violence Henry Newton & Shane Tas, Our Watch, Shelley Hewson-Munro, RMIT, Muhammad Bilal Tasawar, R4RESPECT and Sarah Drury, Men and Family Centre	From Wounds to Wisdom: Co-Designing Trauma-Informed Systems with Survivors at the Centre Maria Zappala, South West Sydney Women's Domestic Violence Court Advocacy Service	Breaking the Cycle: Preventing Domestic Violence Reoccurrence for Survivors Through Trauma-Informed Therapy Tracey Grace, Tracey Grace Holistic Trauma Healing
11:45 AM - 12:15 PM	Curriculum- Aligned Domestic and Family Violence Prevention: Educating and Empowering Young People Across Tiwi Islands Sarah Austin, Darwin Youth Services		Leveraging Technology To Better Support Our Most Vulnerable: Real Time Family Violence Data Jessica Bermudez, Monash Health	Co-Design with Lived Experience Julianna Marshall
Session Chair Insights and Reflections				
12:15 PM - 1:15 PM	Lunch With Exhibitors			
	Keynote Session Four - Prince Room			
1:15 PM - 1:20 PM	Afternoon Welcome and Audience Wellness Check			
1:20 PM - 1:50 PM	We Say They Matter. But Do We Hear and Act with Them? Conor Pall, Deputy Chair, Child-Rights and Systems Change Advocate			
1:50 PM - 2:50 PM	Breaking Down the Silos: Responding to Co-Occurring Domestic Violence and Child Sexual Abuse Michael Salter, Director, Childlight East Asia and Pacific Hub			
2:50 PM - 3:00 PM	Conference Chair Wrap Up Join us as we wrap up an incredible three days of learning, collaboration, and inspiration. This session will also include the highly anticipated prize draw—don't miss your chance to win!			

Technology can be a weapon in domestic and family violence

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**Commonwealth
Bank**

CommBank Next Chapter is a bank-wide commitment to help end financial abuse and support people on their road to long-term financial independence – no matter who they bank with.

Through this commitment, CommBank have:

- Partnered with a range of services to ensure those affected by financial abuse access the right support
- Established the Financial Independence Hub in partnership with Good Shepherd
- Collaborated with experts to increase community and industry understanding of financial abuse
- Developed leading technology to block and enable the self-reporting of abusive transaction descriptions
- Created resources to assist other workplaces in supporting employees impacted by domestic and family violence

Website: commbank.com.au/nextchapter

Gold



KHQ Lawyers provides timely and cost-effective resolution of family law matters. Our expertise spans the entire family law spectrum, from binding financial agreements through to separation and divorce (including divorce coaching), LGBTQI family law matters, surrogacy and adoption. Our dedicated team is passionate about supporting victims of family violence to escape their circumstances, and we can assist with seeking urgent intervention orders, obtaining interim financial arrangements and parenting orders, arranging for support services, and more. Providing clients with comfort, clarity and support is at the core of what we do and why we love doing it. Visit our website for more details or call (03) 9663 9877 to speak to our specialist team.

Website: khq.com.au

Gold



Primary Health Networks (PHNs) are independent, not-for-profit organisations that strengthen primary healthcare by commissioning local social services and supporting general practices. Rather than delivering services directly, PHNs commission providers across areas like mental health, aged care, AOD, and First Nations health. Recognising domestic, family, and sexual violence (DFSV) as a public health issue, selected PHNs—including HNECC PHN, CESP HN, NBMPHN, and ACT PHN—are piloting integrated models that embed DFSV support into primary care. These pilots reduce fragmentation, support prevention and recovery, and create safer pathways by embedding DFSV specialists into general practice and placing healthcare professionals into frontline services.

Website: thephn.com.au

Silver



White Ribbon Australia is a leading global social movement engaging men and boys to prevent violence against women. Through education, advocacy and community partnerships, White Ribbon empowers individuals and organisations to take action for equality and respect. Its current campaign, Not Perfect, Better, calls men in and not out—to reflect, learn and take accountability in their relationships, workplaces and communities. By shifting the conversation from blame to growth, White Ribbon is building a culture where respect is the norm, not the exception. Together, we can create a future where every woman is safe, because we are not perfect, but better.

Website: whiteribbon.org.au

Sponsors

Bronze



Darwin Youth Services

Darwin Youth Services is a social enterprise, a business that exists to create positive social change rather than just profit. We design and deliver curriculum-aligned programs in schools and communities that focus on Domestic, Family and Sexual violence prevention, respectful relationships, and youth wellbeing.

By selling programs, training, and innovative educational resources, we reinvest our income straight back into our mission: empowering young people, supporting schools, and building safer, stronger communities across the Northern Territory.

Website: darwinyouthservices.com.au

Bronze



Australian Government



**eSafety
Commissioner**

The **eSafety Commissioner (eSafety)** is the Australian Government's independent online safety regulator. Its purpose is to help safeguard Australians at risk of online harms and to promote safer, more positive online experiences.

As the first agency of its kind in the world, eSafety is at the forefront of preventing online risks, reducing the impacts of harms and building safer digital spaces. This includes a dedicated support service and resource hub to help domestic, family and sexual violence frontline workers manage tech-based harassment, intimidation and tracking of their clients and any children in their care.

Website: esafety.gov.au

Bronze



No to Violence (NTV) is Australia's largest national peak body for organisations and practitioners that work with men who use family violence, providing workforce training, sector development and advocacy across the family violence sector. NTV also operates the Men's Referral Service, providing a counselling service and referral pathways directly to men who use family violence; and the Brief Intervention Service for men who cannot access behaviour change programs. As a pro-feminist organisation, women and children are at the centre of what NTV does - by ending men's use of family violence, families, individuals and communities are safer. To learn more, visit ntv.org.au

Website: ntv.org.au/mrs

Bronze



Relationships Australia is a leading not-for-profit provider of services for individuals, couples, families and communities; helping them to achieve and maintain safe and respectful relationships.

Operating since 1948, our services are for all members of the community, regardless of religious belief, age, gender, sexual orientation, cultural background or economic circumstances.

From our network of over 100 service locations across all Australian states and territories, we enable and support the crucial role that relationships play in protecting and enhancing the mental health and well-being of all Australians. We offer counselling, family dispute resolution, trauma support, mental health services and a range of other family and community support services, training and education programs.

Website: relationships.org.au

NOTES & KEY LEARNINGS

Things I don't want
to forget...

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SCAN ME

Come Join Us Again Next Year



REBOOK OFFER!!



What Does it Take to End Gender-Based Violence?

At IoNV, we know that creating meaningful change requires expertise and a deep understanding of those affected by family, domestic, and sexual violence (FDSV). With over 20 years in the sector, our specialists use an intersectional feminist and trauma-informed approach to deliver evidence-based solutions that supports individuals, families, and communities and empowers professionals to make a lasting impact in their work.

Training and Professional Development

Tailor to your needs, our training builds practical skills grounded in trauma sensitivity, cultural safety, and reflective practice.

—*—
We cover:

- Recognise and Respond Safely to FDSV
- Safely Engaging Adults Who Abuse
- Coercive Control and the Homicide Timeline
- Work with Shame and Trauma
- Intersectionality and Cultural Safety

Visit our website for details.

World-Class Clinical Supervision

We offer clinical supervision across FDSV and related fields, guiding practitioners to feel supported, confident, and equipped in their work.

—*—
Our sessions centre on reflective practice, ethical decision-making, and practitioner wellbeing through an intersectional feminist lens.

We're highly familiar with, and incorporate, the relevant government frameworks and practice guidelines, ensuring your supervision is aligned with current professional standards.

Our Unique Therapeutic Services

Every person using or experiencing violence matters. We focus on supporting each individual to navigate challenges safely and effectively.

—*—
We provide trauma and family violence-informed therapy for anyone aged 15+, including First Nations, all cultural backgrounds, gender identities, and sexual orientations.

We also offer 1:1 MBC engagement.

Professionals are welcome to refer their clients to us by email (contacts below).

Meaningful outcomes start with specialised support. Begin today by integrating your training, therapy, and clinical supervision. We can't wait to help you, your teams and clients to flourish in your professional and personal lives.

For more information about us and our services: visit www.ionv.com.au | email info@ionv.com.au | call +61 450 713 624



PRODUCED BY: A team of survivors & experts, including leaders from the National Coalition Against Domestic Violence, the One Love Foundation, and more!

NEW ABUSE PREVENTION FILM!

The Last Drop is a 40-min. film designed to reveal the lesser-known forms of abuse (like emotional abuse, digital abuse, and isolation tactics) that tend to occur BEFORE a relationship turns violent.

HOST YOUR OWN SCREENING!

Contact us to preview the film & learn how it can support your work!



The Perfect Tool For:

- Education
- Training hours / CEU's
- Perpetrator Intervention
- Fundraising
- Advocacy
- Outreach

THE STORY



A young woman links minds with her boyfriend, using a device that lets couples relive shared memories—but when she spots overlooked signs of abuse, she must escape before he can manipulate her memories in his favor.



www.thelastdropfilm.com lastdropfilm@gmail.com [@lastdropfilm](https://www.instagram.com/lastdropfilm)

RELATIONSHIP SAFETY TALKS

How do you spot abuse BEFORE it turns violent?

Book Adam Joel as a speaker to learn more!



Training & Professional Development

5,400+ Continuing Education Units provided to advocates, social workers, judges, police officers, and more!



Abuse-Prevention Programs

Approachable conversation-starters for youth & community groups



Advocacy Events & Fundraisers

\$72,000+ raised for nonprofits through film screenings & discussions



ADAM JOEL

TEDx Speaker, Survivor, Filmmaker

As a survivor, Adam Joel learned about relationship abuse the hard way. Now he's using his skills as a filmmaker to help people spot the lesser-known forms of abuse. With examples from Hollywood movies and his own, Adam breaks down **10 Toxic Relationship Myths** and a few memorable tricks to make our own love stories healthier!



FEEDBACK:

"By far the best presentation I've had on DV in my 23 years in the court system"

"Adam uses his experience as **remarkable training**"

"Such a talented speaker...You'll laugh and you'll learn!"

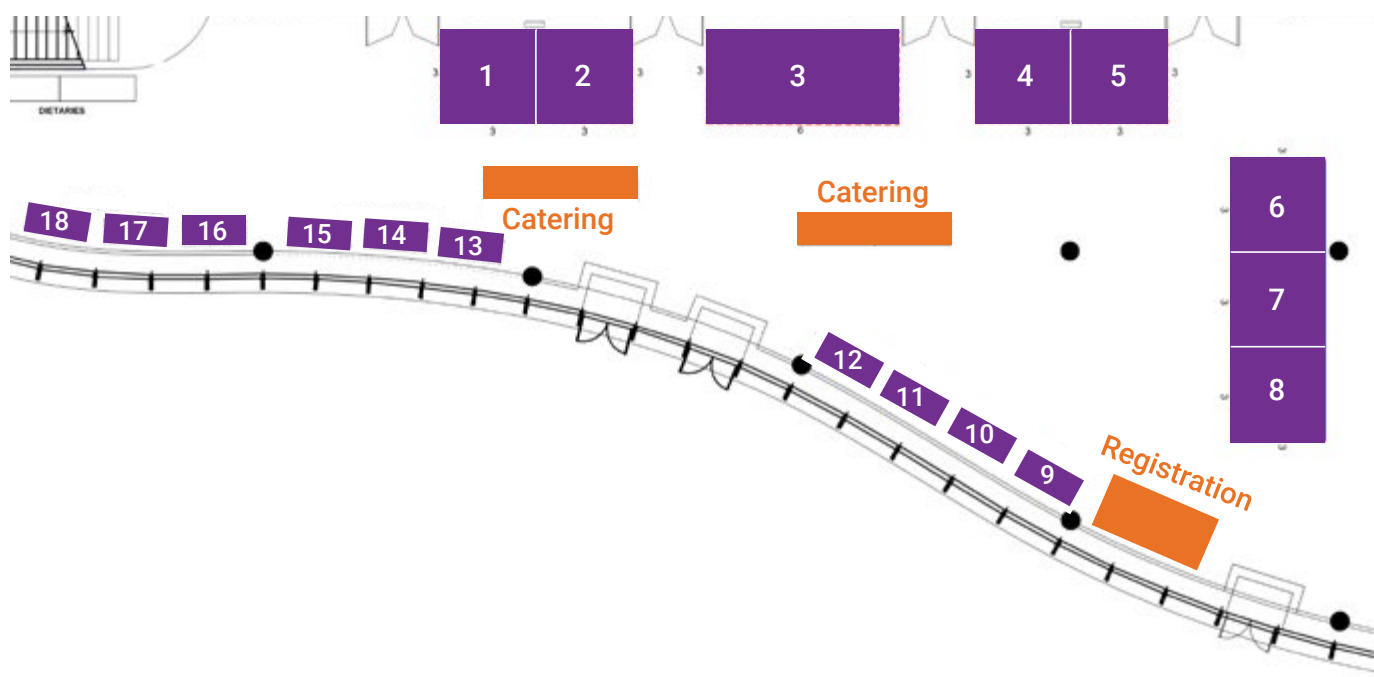


CONTACT: adamjoel.com adamwjoel@gmail.com

Exhibition Hall Map

Exhibition Hours

Monday 24 November	11:00am – 5:00pm
Tuesday 25 November	8:00am – 5:00pm
Wednesday 26 November	8:00am – 1:30pm



Exhibitor Listing

- | | |
|--|--|
| 1. KHQ Lawyers | 11. Qleave |
| 2. NSW and ACT Primary Health Networks | 12. DV-alert, Lifeline Australia |
| 3. Commonwealth Bank of Australia | 13. 1800 RESPECT |
| 4. White Ribbon Australia | 14. Australian Financial Complaints Authority |
| 5. eSafety Commissioner | 15. Gender & Disaster Australia |
| 6. No To Violence | 16. SAFV Centre |
| 7. Relationships Australia | 17. Keynote Connor Pall Book Stand |
| 8. Darwin Youth Services | 18. Australian & New Zealand Mental Health Association |
| 9. Pilbara Community Legal Service | |
| 10. CQU-QLD Centre for Domestic + Family Violence Research | |

Conference Exhibitors



**Australian & New Zealand
Mental Health Association**

The Australian & New Zealand Mental Health Association is a non-government, non-for-profit association for all mental health professionals, workers, volunteers, carers and advocates.

Through a selection of educational materials, annual events and continued development opportunities, we aim to support the personal and professional wellbeing of every individual active in mental health and wellbeing.

Website: anzmh.asn.au



1800RESPECT is the national domestic, family and sexual violence counselling, information and support service.

Anyone in Australia affected by domestic, family and sexual violence can contact 1800RESPECT, which provides support for:

- People experiencing, or at risk of experiencing, domestic, family and sexual violence
- People supporting someone experiencing, or at risk of experiencing, domestic, family and sexual violence
- Professionals supporting someone experiencing, or at risk of experiencing domestic, family and sexual violence.

1800RESPECT is available 24/7 - call 1800 737 732 or chat online (www.1800respect.org.au).

Visit their website to learn more and read their frequently asked questions (FAQs): <https://1800respect.org.au/help-and-support/telephone-and-online-counselling>

#1800RESPECT #counselling #domestic violence @1800RESPECT #About1800RESPECT

Website: 1800respect.org.au



The Australian Financial Complaints Authority (AFCA) independently assists consumers and small businesses make and resolve complaints against financial firms.

AFCA follows a complaint resolution process that provides fair, free and independent dispute resolution for complaints about insurance, credit, banking, loans, investments, financial advice, and superannuation.

We are committed to being accessible to all Australians and are particularly focussed on ensuring vulnerable and disadvantaged people can readily use our service.

We welcome the opportunity to discuss any types of assistance required and will put arrangements in place to ensure we adapt, where possible, to meet individual needs.

Website: afca.org.au



DV-alert is a nationally recognised training program with training and assessment delivered by Lifeline Australia and approved third parties on behalf of Lifeline Australia (RTO 88036). The program is funded by the Australian Government Department of Social Services as a key initiative under the National Plan to End Violence against Women and Children 2022-2032.

Since 2007, we have been working to build the knowledge and capability of frontline workers to reduce and prevent domestic and family violence.

DV-alert is led by experienced trainers dedicated to ending violence against women and children. Our workshops provide a safe space for frontline workers to learn, connect and be empowered to recognise and respond confidently to those in crisis.

Website: dvalert.org.au

Conference Exhibitors



Gender and Disaster Australia (GADAus) is the leading national organisation working at the intersection of gender and disaster. Women, men and LGBTIQ+ people experience disaster differently, with existing inequalities amplified, and gendered harms increasing. By applying a gendered lens to disaster, we can build stronger, more inclusive communities. GADAus conducts and amplifies research to strengthen the evidence base and creates resources that support gender-informed practice. Our Gender and Emergency Management (GEM) Guidelines guide inclusive policy and practice across the disaster and emergency management sector. Through our Lessons in Disaster training, we equip practitioners and communities to reduce gendered harm. In partnership with communities, government and organisations, we drive systemic change to ensure safety, equity and inclusion before, during and after disasters.

Website: genderanddisaster.com.au



Pilbara Community Legal Service (PCLS) is more than just a legal service; it is a vital community resource that helps individuals navigate difficult and complex situations. PCLS stands out as one of the few community legal centres in Australia that has evolved into a comprehensive community service. Our approach integrates various support services to complement our legal assistance, offering a holistic, multi-disciplinary solution to our clients' problems in a one-stop-shop format. In addition to legal support, PCLS provides financial counselling, housing and tenancy support and education, Redress Support Scheme assistance, community migrant settlement services, and domestic violence advocacy.

Website: pcls.net.au



QCDFVR – Queensland Centre for Domestic and Family Violence Research

For over 20 years, the Centre has built a strong reputation for quality, innovation, and collaboration across communities, governments, and research networks. Our unique, integrated model combines education, research, and service system support to address the complex challenges of gendered violence. Grounded in feminist, trauma-informed, and intersectional principles, the Centre's work drives real social impact through relevant and transformative practice. With a strong Queensland base and national and global partnerships, we remain locally grounded yet internationally connected. Central to our approach is amplifying the voices of those with lived experience—victim-survivors, priority populations, and frontline workers—to guide meaningful change.

Website: noviolence.org.au



QLeave provides portable long service leave to workers in the community services industry. The scheme was introduced by the Queensland Government in 2021 to reward workers for their service to the industry. It ensures eligible workers who have served over seven years in the industry receive long service leave benefits, even if they change employers. All eligible workers in the community services industry are entitled to be part of the scheme, and employers are required to register their eligible employees. With QLeave, workers in the industry are able to take the long service leave they have earned.

Website: qleave.qld.gov.au

Conference Exhibitors



A client-centred organisation established in 1978, **The Sexual Assault & Family Violence Centre** delivers integrated specialist response, early intervention, education and prevention services and programs.

Supporting the Victorian community throughout Barwon, Wimmera, and the South West regions, we offer a specialist range of support services to all people impacted by sexual and family violence, encompassing 24 hour crisis response, case management, therapeutic counselling and group programs, early intervention programs, refuge and housing support, legal services, professional training and primary prevention initiatives. We also provide specialised support for all victims of crime through the Victims Assistance Program for Barwon and the South West.

Website: www.safvcentre.org.au



What We Do

We work with **survivors of narcissistic abuse** and equally with **the professionals who support them**, through keynote speaking, therapy (Individual and group), and tailored professional development.

Our founder, **Carla Berbary**, is a **keynote speaker, trauma therapist, and university lecturer**, bringing both heart and evidence-based tools to every room she walks into.

We provide **Employee Assistance Programs (EAP)** for workplaces that want to genuinely care for their staff and foster wellbeing, resilience, and motivation.

We run workshops for your staff online or we come to you.

Our workshops blend neuroscience, practical tools, and reflection giving participants the clarity and confidence to thrive, not just survive.

Training & Professional Development

Tailored to your needs, our sessions are grounded in **trauma sensitivity, psychological safety**, and **emotional intelligence**.

Popular topics include (but are not limited to):

- Burnout and Compassion Fatigue
- Trauma and Recovery
- Change Your Thinking: Rewiring the Mind for Growth
- Understanding Narcissistic Dynamics
- Boundaries and Emotional Regulation

carla@notalifesentence.com.au www.notalifesentence.com.au 0438642446

DARWIN YOUTH SERVICES

Empowering Young People. Changing the Story.

Darwin Youth Services (DYS) delivers evidence-informed Domestic, Family & Sexual Violence prevention programs across the Northern Territory from Palmerston to Maningrida to the Tiwi Islands.

Through our I Respect and Girl Speak programs, young people learn to recognise and challenge the five main types of violence that we see in the Top End— Emotional, Physical, Sexual, Financial, and Elder abuse. And to challenge violence in real, practical ways that create safer communities.

All our curriculum-aligned DFSV prevention resources — including Boundary Bingo, Myths & Facts Cards, Consent Puzzles, and Respect Tree Kits are available for purchase across the three-day STOP Conference.

Ask us about our Train-the-Trainer packages for I Respect and Girl Speak, empowering schools and services to deliver these programs locally with confidence.



➔ Visit the Darwin Youth Services booth
➔ www.darwinyouthservices.com.au

Contact: 0457439838



Darwin Youth Services



ArakanMartialArt
Peace • Power • Confidence



KATE ALDERMAN

Fierce Protection & Somatic Recovery

A Next-Level Approach to Embodied Safety, Power, and Freedom

For survivors of domestic violence and abuse, true safety and empowerment begin in the body.

This 6-week program unites the trauma-informed somatic work of **Kate Alderman**—Domestic Violence Survivor, Somatic Therapist, Nervous System Recovery Coach, and Founder of the You're A Strong Woman Foundation—with the practical self-protection training of **Master Robert Kyaw**, Chief Instructor of Arakan Martial Art®.

Together, they deliver a truly embodied path to healing—restoring agency, confidence, and the ability to respond, not freeze, in moments of threat.

Participants learn to **repattern freeze and fawn responses**, rebuild body autonomy, and restore felt boundaries, instincts, and inner “yes/no.” This unique blend of martial arts and somatic education also **supports recovery** from PTSD, C-PTSD, and long-term stress responses.

Unlike talk-based therapy, this program works directly with the nervous system, where trauma lives—creating real change from the inside out.

This is a **safe, ego-free, and empowering community** where survivors can heal, grow, and reclaim their power.

Learn more: www.arakan.com.au www.kate-alderman.com



NOTES & KEY LEARNINGS

Things I don't want
to forget...

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Managing Mental Health Online

This resource sheet is designed for mental health professionals to use, whether as a resource to share with clients or as a reference guide. Others are welcome to use or share this resource for general information purposes only and within the scope of their professional role.

National Mental Health Website



Head to Health

A website that links Australians to free or low-cost online and phone mental health services.
headtohealth.gov.au

Phone and Online Counselling



Lifeline 13 11 14

24/7 phone counselling, and online crisis support chat available each evening.



Suicide Call Back Service 1300 659 467

National 24/7 professional telephone & online counselling for anyone affected by suicide.



Beyond Blue Support Service 1300 22 4636

24/7 telephone, online and email counselling, and moderated forums.



1800RESPECT 1800 737 732

24/7 phone & online counselling for people experiencing domestic, family and sexually violent situations.



MensLine Australia 1300 78 99 78

Advice, therapy and support for men with family and relationship concerns.



QLife 1800 184 527

Online chat or phone counselling for LGBTIQ+ people.



Butterfly Foundation 1800 33 4673

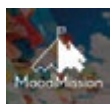
Telephone, online counselling, referral and online support groups for people with eating disorders.



SANE Australia 1800 18 7263

Phone and online support for people with complex mental health needs.

Apps



MoodMission

An app designed to help individuals overcome low moods and anxiety by discovering new coping strategies.



Smiling Mind

A free website and app teaching mindfulness meditation to young people and adults.

Programs



MindSpot

Free clinician supported online programs for stress, worry, anxiety, depression, PTSD, chronic pain and chronic health conditions in adults.



THIS WAY UP

Online, self-guided CBT programs for a range of mental health conditions and wellbeing issues. Own clinician assisted option available.



Mental Health Online

Free online programs for a range of issues, with self-guided or therapist support options.



MyCompass

A free, online interactive self-help CBT service for people with mild to moderate depression, anxiety and stress. It's also appropriate for people who simply want to build good mental health.



MoodGYM

A free, interactive program based on Cognitive-Behavioural Therapy (CBT) and Interpersonal Therapy (IPT) to help prevent and manage symptoms of depression and anxiety.



e-Couch

A free, self-help program with modules for depression, generalised anxiety & worry, social anxiety, relationship breakdown, and loss & grief.

Aboriginal and Torres Strait Islanders



WellMob

Online social, emotional and cultural wellbeing resources for Aboriginal and Torres Strait Islanders.



13YARN

Australia's first Indigenous-led crisis helpline providing 24/7 telephone support for Aboriginal and Torres Strait Islander people.

Young People



Kids Helpline 1800 55 1800

24/7 phone and online counselling for youth (5-25yrs).



ReachOut

Practical tools, support and moderated forums to help youth get through everything from everyday issues to tough times.



The BRAVE Program

Online program for anxiety in children and teens, with parent-support modules.



Headspace

Resources, information and online and phone support for young people and their families.

Scan to download a free PDF version from the eMHPrac Website





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SHOWCASE EXHIBITORS

